

ELBERT COUNTY MIDDLE AND HIGH SCHOOLS

1070 Students (% of student body)
Participated Anonymously

BEHAVIOR AND RISK FOR TEENS

**A health survey about nutrition, exercise,
safety, stress, alcohol, tobacco, drugs and sex.**

Voluntary and Anonymous Survey
Computerized Individual Student and School Feedback

Survey Results

2012

**Northeast Health District
Community Health Assessment and Service Evaluation**

Behavior And Risk for Teens Survey

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Behavior And Risk for Teens Survey

The Behavior And Risk for Teens Survey (BART) is a health risk behavior survey assessing six areas of teen health: physical health and exercise, safety, tobacco use, alcohol and other drug use, mental health / stress management and sexual activity. No names or other identifiers are used, insuring individual student and family privacy.

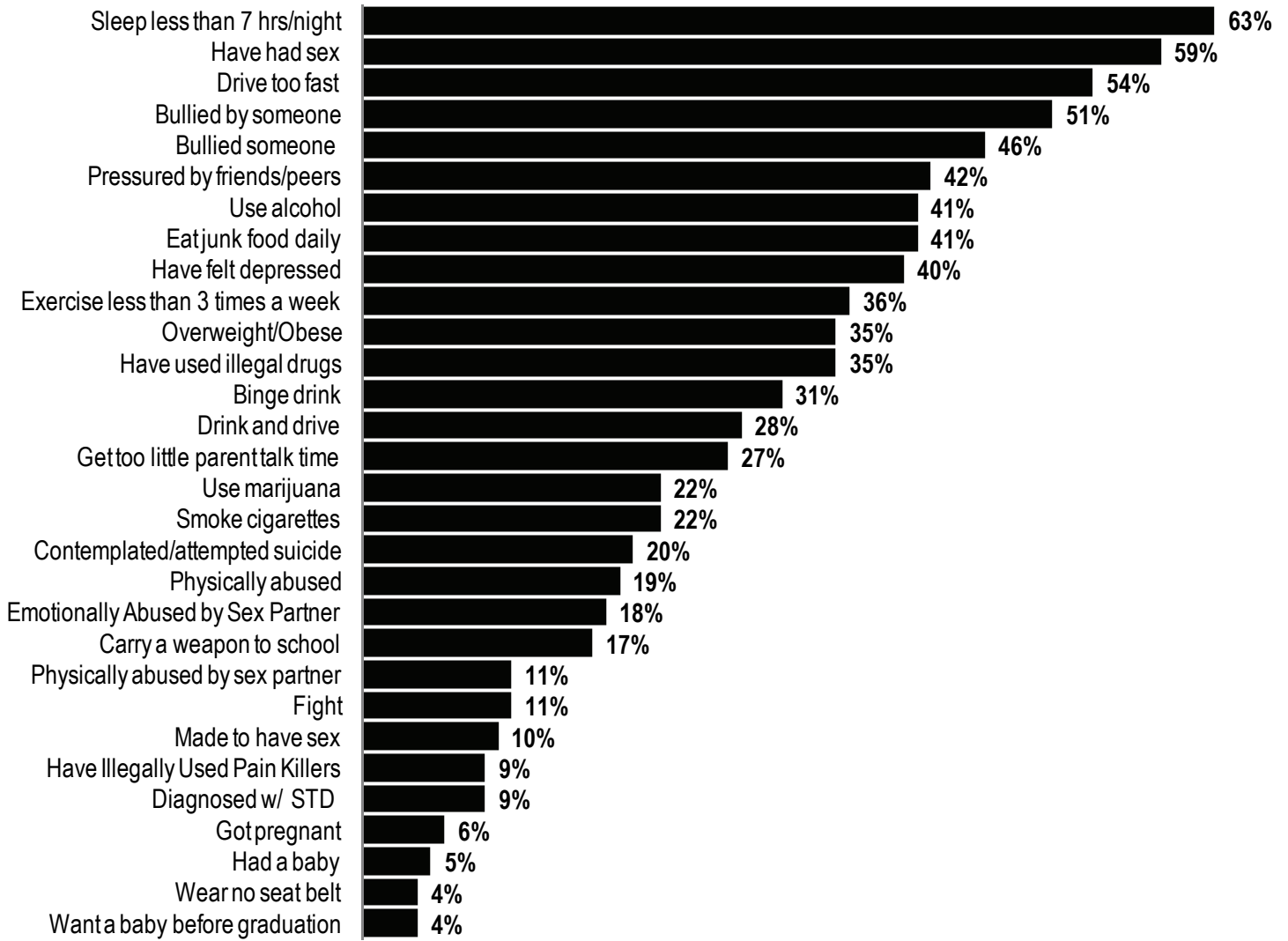
Parents were sent written notification of the survey and given the opportunity to refuse to allow their child to participate. In the spring of 2012, 1070 students in grades 7-12 at Elbert County Middle School and Elbert County High School participated in the BART Survey. This self-selected sample comprises about % of the enrolled student population.

To complete the Behavior and Risk for Teens Survey, each students answers 60 multiple choice questions about teen health described above. It takes about 45 minutes to administer, and students are instructed to leave blank any questions that they do not understand or that make them feel uncomfortable. In addition, students are assured that their choice to participate will not affect any class grades.

Since 1998, over 60,000 students in 10 counties of the Northeast Health District have completed the Behavior And Risk for Teens Survey. The frequency of risky behaviors has been similar in all the participating county school systems.

As students grow older, more and more participate in unhealthy behaviors, often without knowledge of the risks or input from their parents. Studies confirm that good parent-teen communication with clear recommendations about behavior choices makes a difference in adolescents avoiding risky behavior. This report is intended to identify behavioral health problems of teens in order to help parents, school systems, and local health professionals communicate with teens, and to help them make healthier personal and collective behavior choices.

Behavior Risk Profile Elbert County High School Seniors

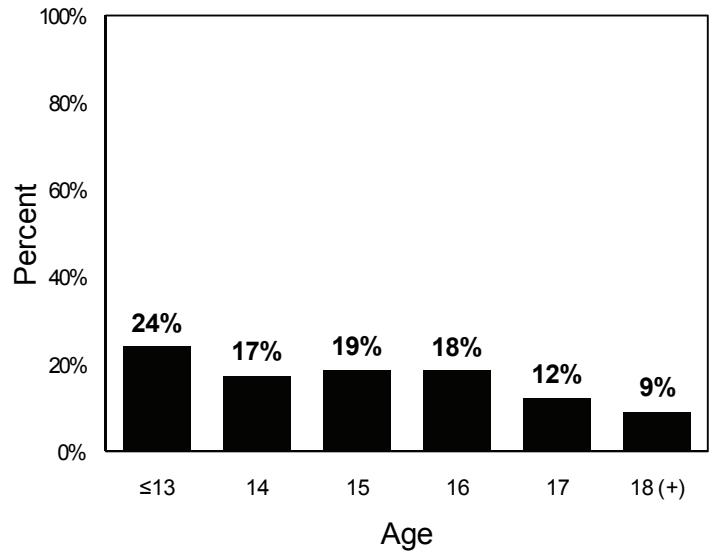


Gender

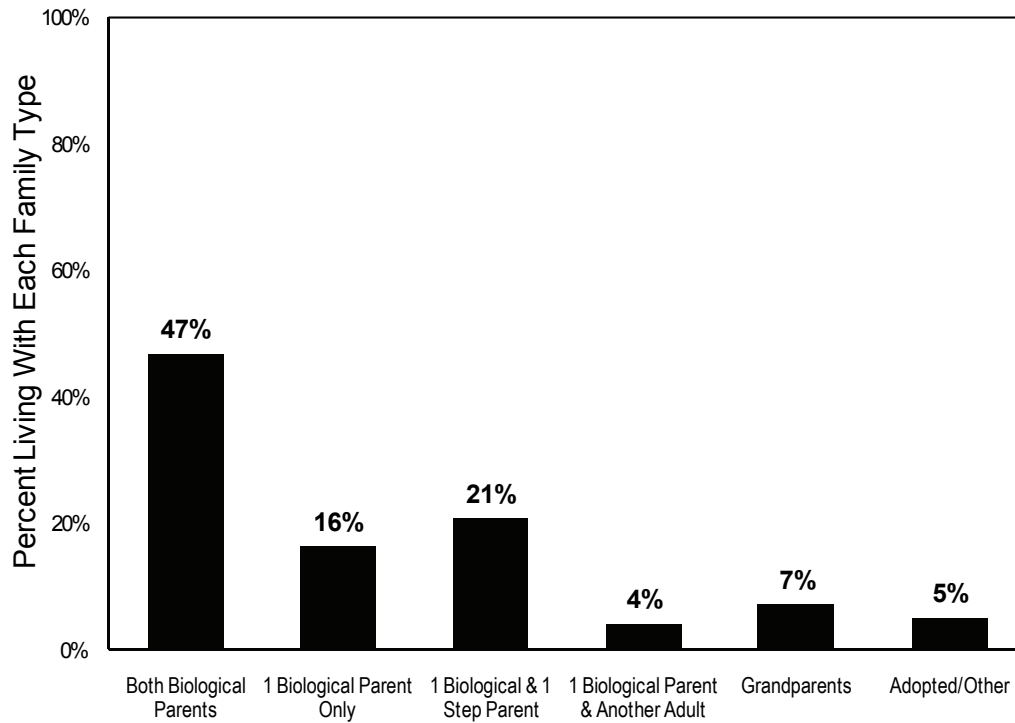
Race

Grade

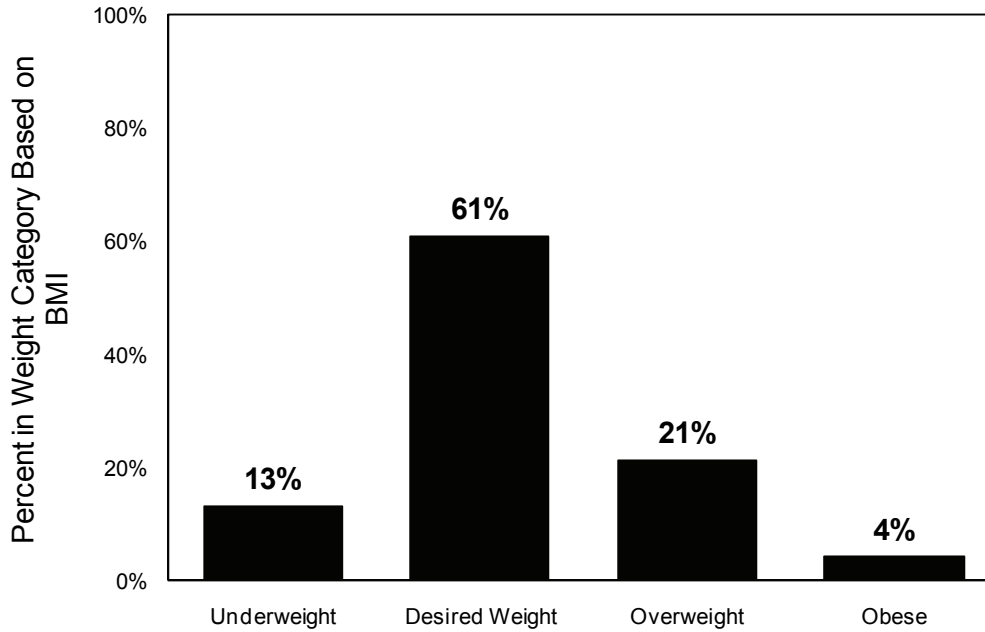
Age of Survey Participants



Family Type of Survey Participants



Body Weight of Survey Participants



Actual Weight Category Based on BMI*

*Body Mass Index (BMI) is calculated by dividing weight in kilograms by height in meters squared.

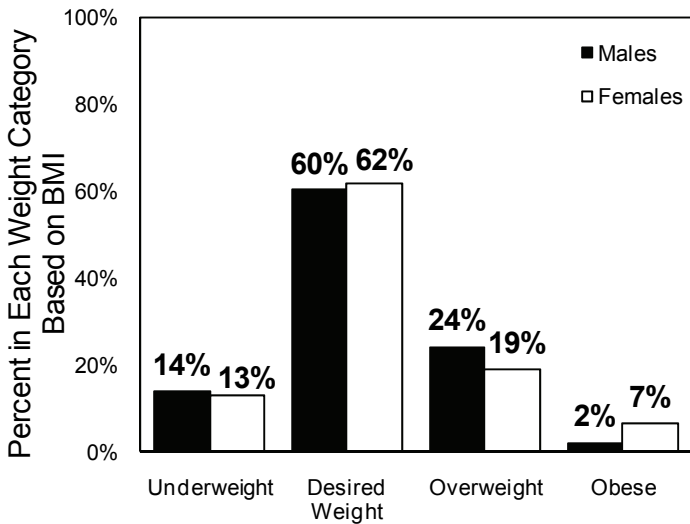
Underweight: BMI <18.5

Normal Weight: BMI=18.5-24.9

Overweight: BMI=25-29.9

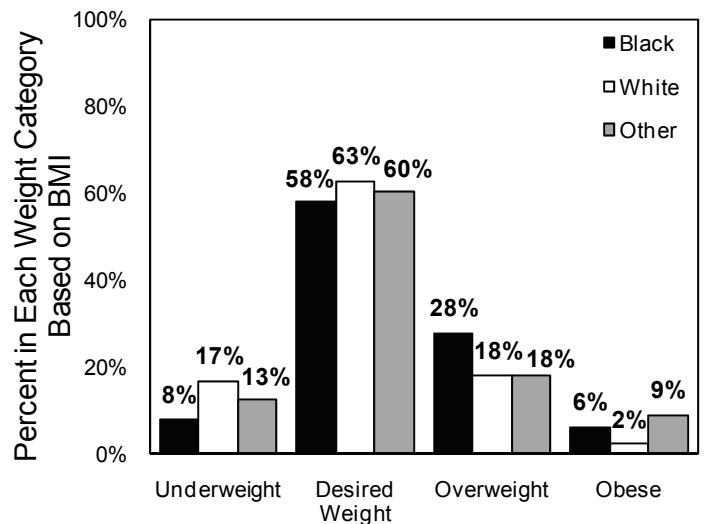
Obese: BMI=30+

Weight by Gender



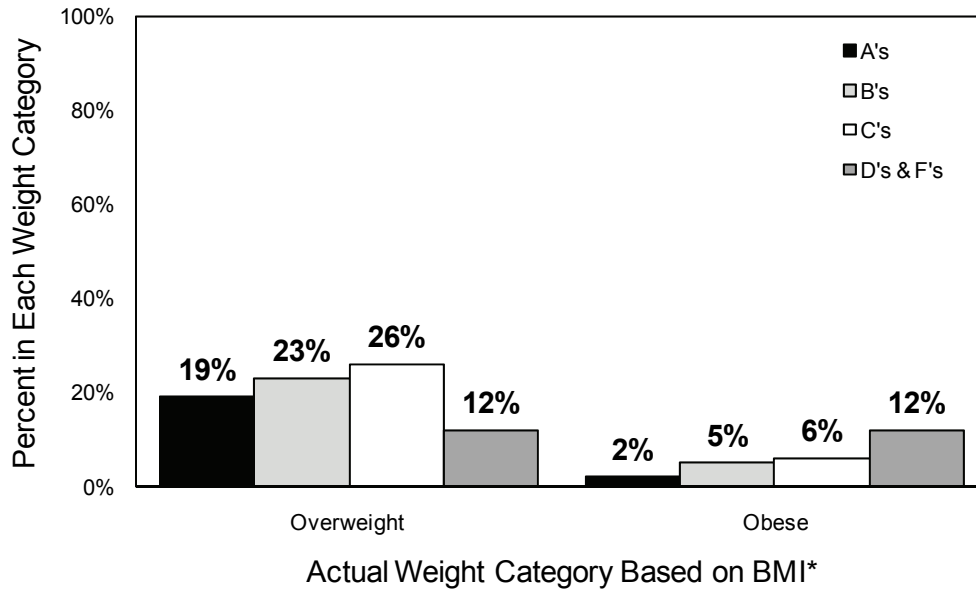
Actual Weight Category Based on BMI*

Weight by Race

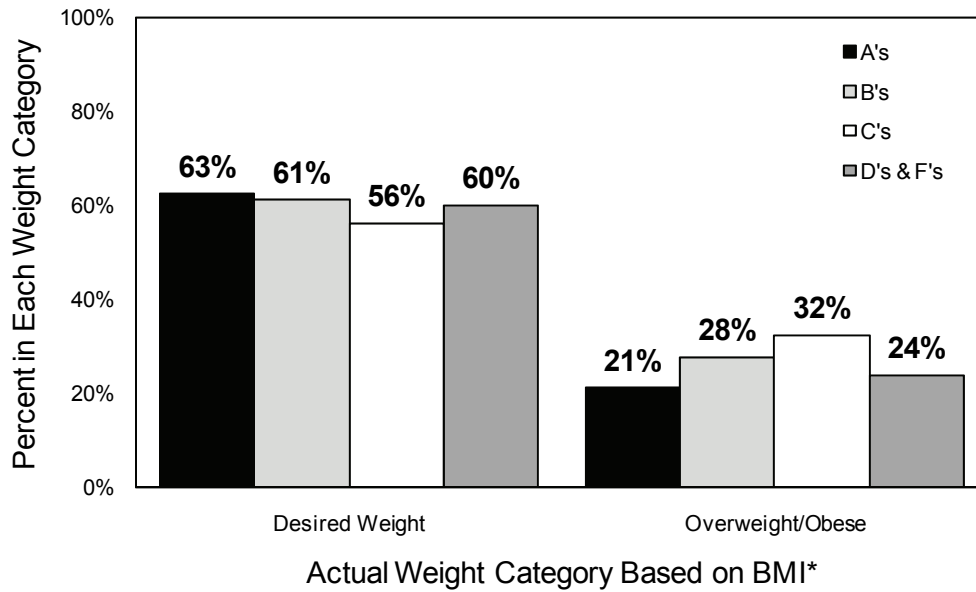


Actual Weight Category Based on BMI*

Weight by Grades in School



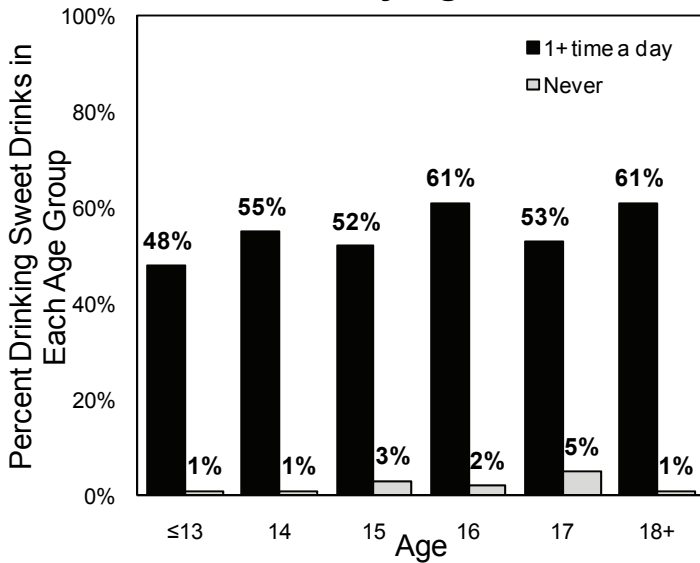
Weight by Grades in School



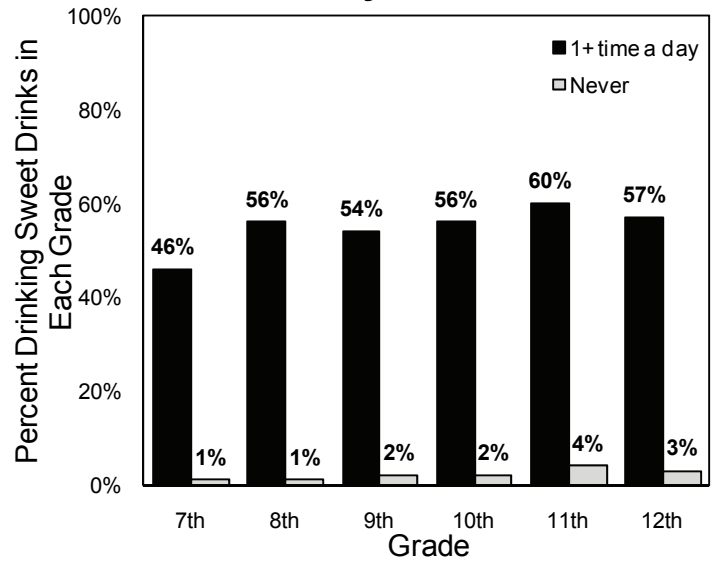
Drink Sweet Drinks at School

54% of all participating students drink 1 or more sweet drinks per day.

By Age

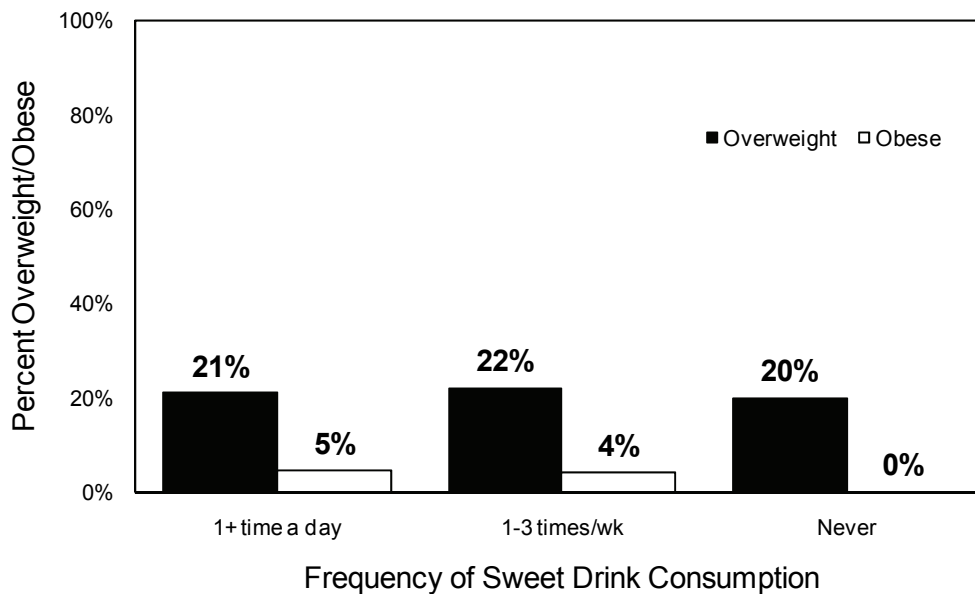


By Grade



Survey Question: "How often do you have a sweet drink including sodas and juices?"

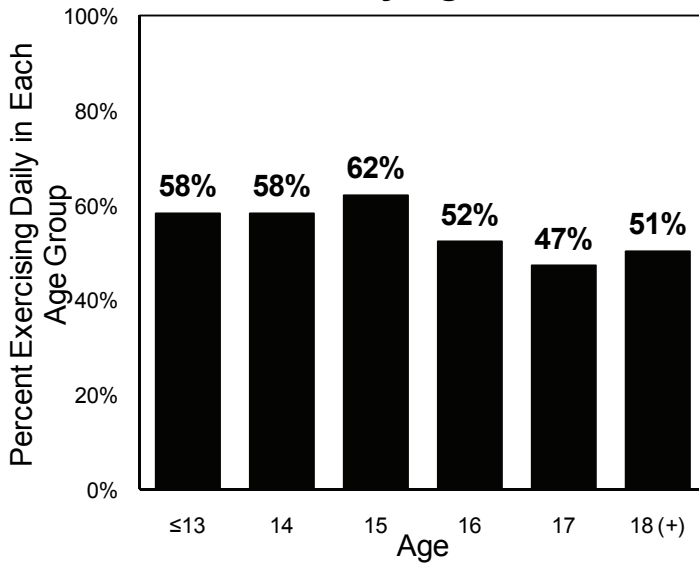
Weight by Sweet Drink Consumption



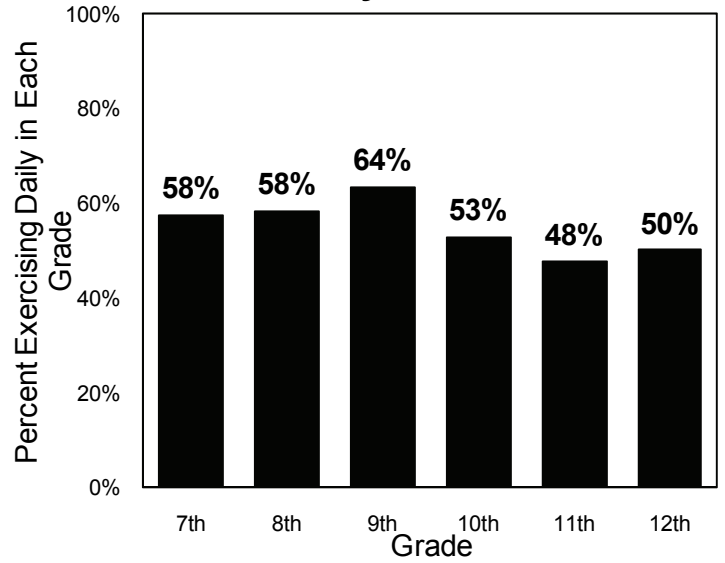
Exercise

56% of all participating students exercise everyday.

By Age

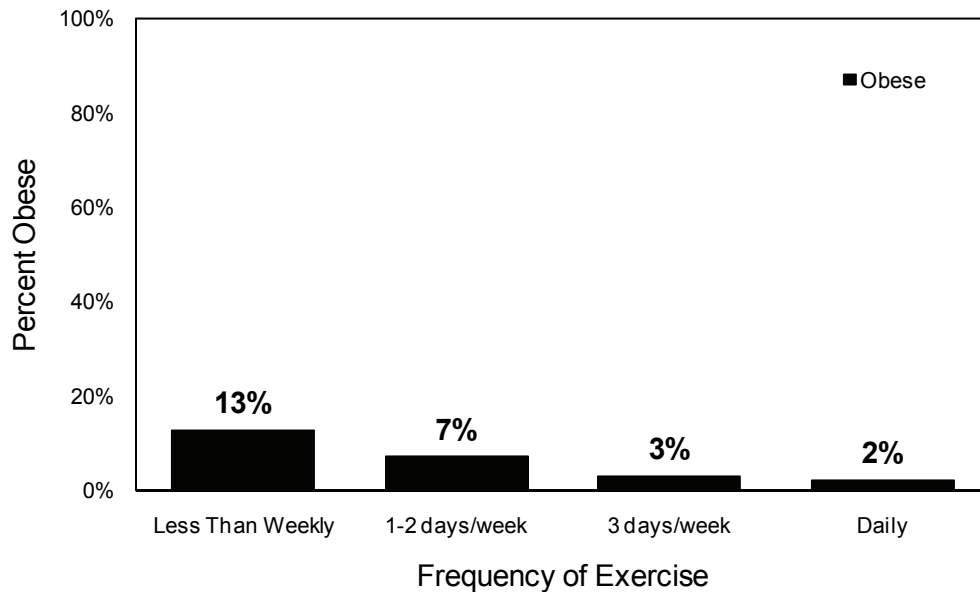


By Grade

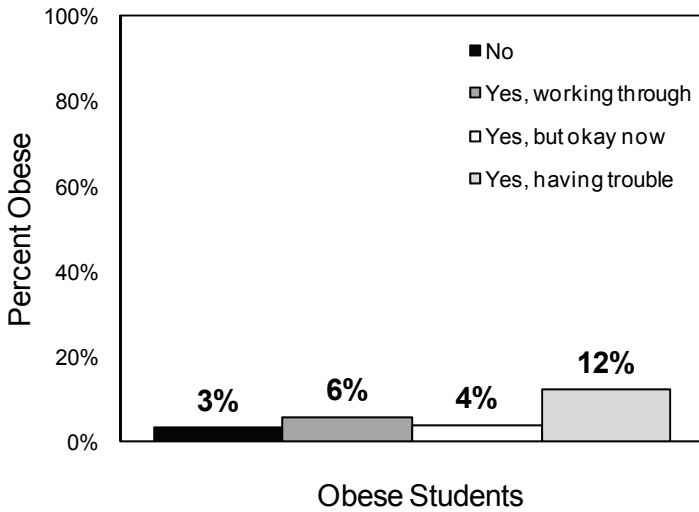


Survey Question: "How often do you exercise for at least 30 minutes including sports and other activities?"

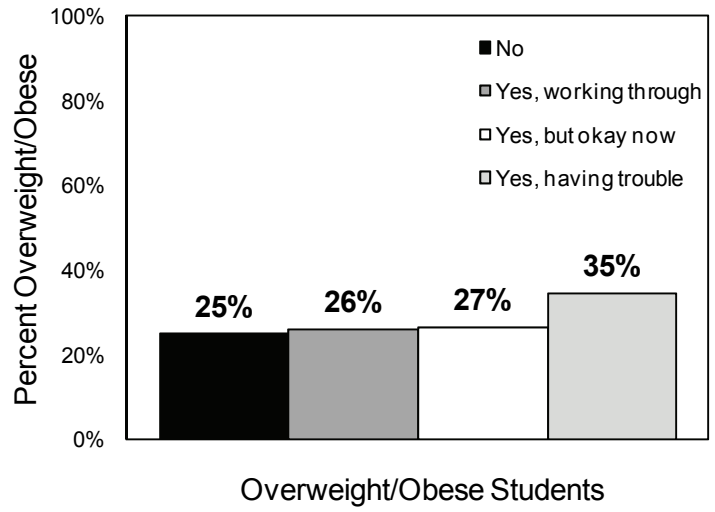
Obesity by Exercise



Obesity by Depression

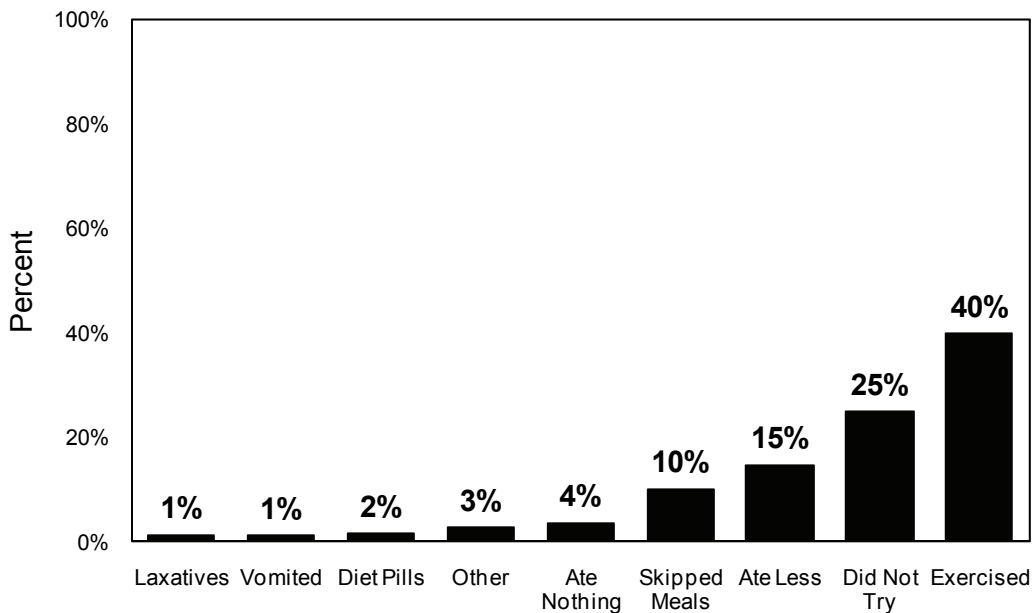


Weight by Depression



Methods of Weight Loss

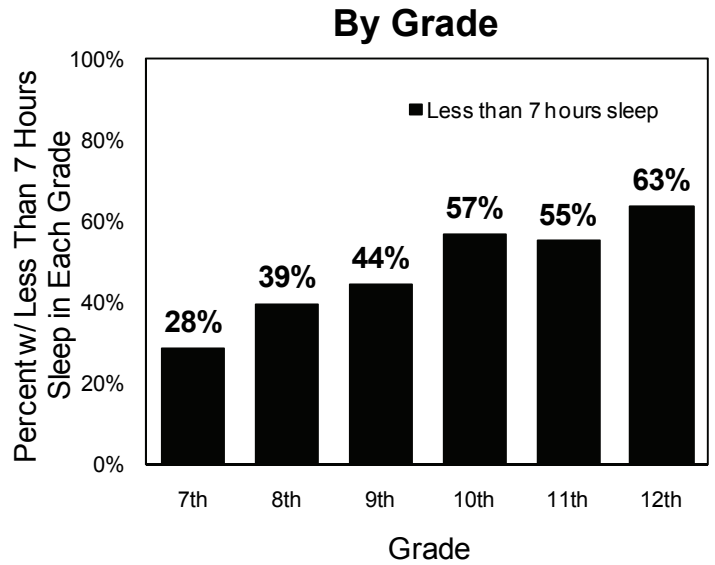
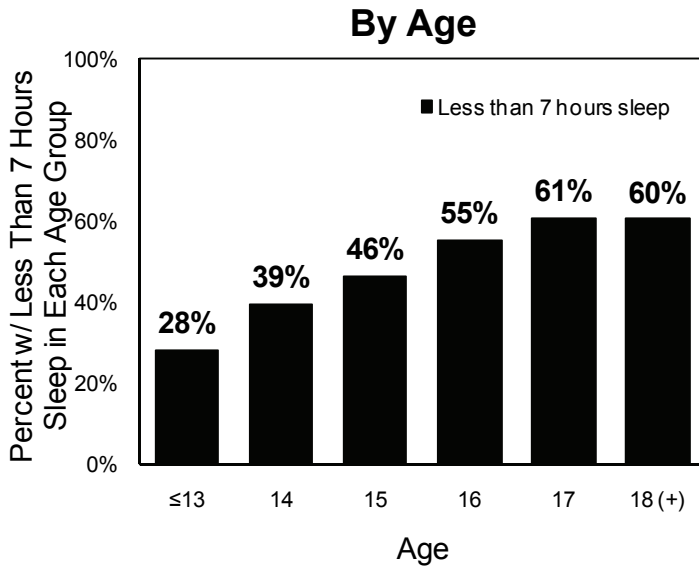
75% of all participating students have tried to lose weight or keep from gaining weight.



Survey Question: "Which of the following methods have you ever used to lose weight or to keep from gaining weight?"

Insufficient Sleep

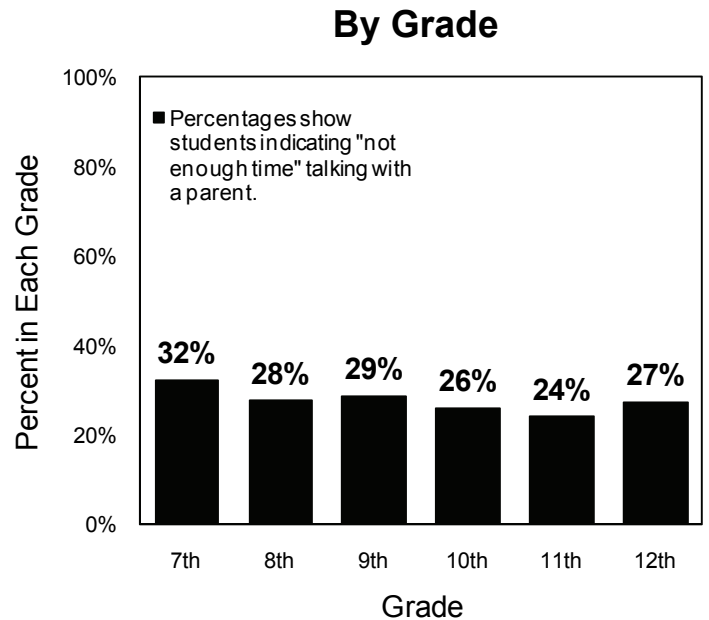
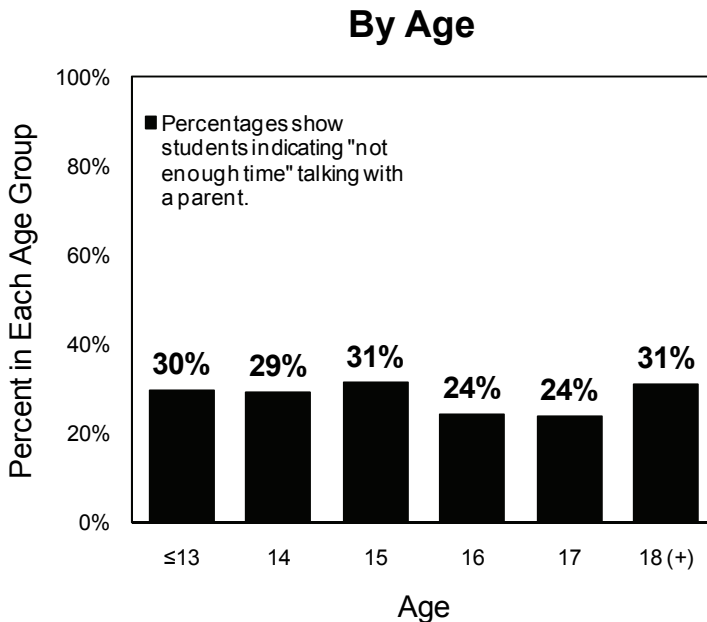
46% of all participating students get less than 7 hours of sleep on an average school night.



Survey Question: "On an average school night, how many hours of sleep do you get?"

Not Enough Parent Talk Time

28% of all participating students feel that they do not get enough time with a parent to talk about important issues.

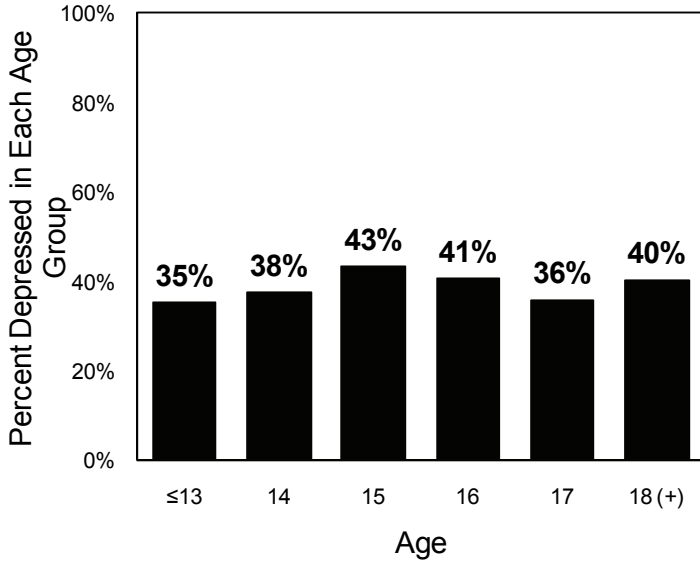


Survey Question: "In your opinion, how much time does a parent or other trusted adult spend talking to you about important stuff like personal feelings or problems, tobacco, alcohol, drugs, and sex?"

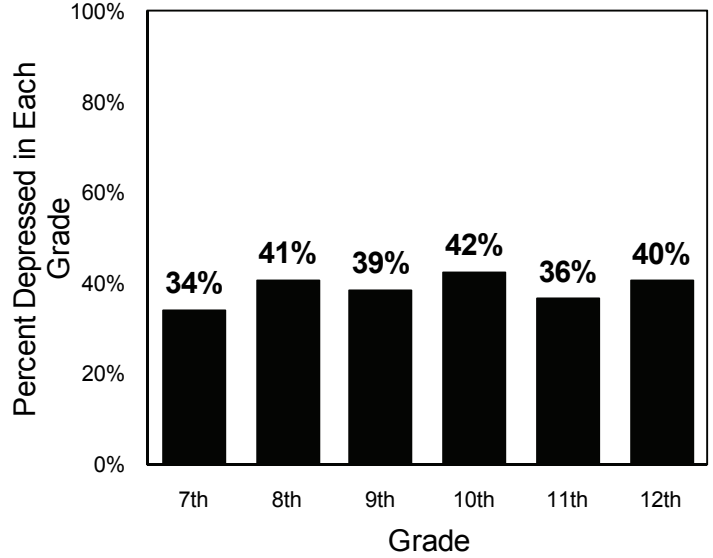
Depression

39% of all participating students have been depressed in the last 6 months.

By Age

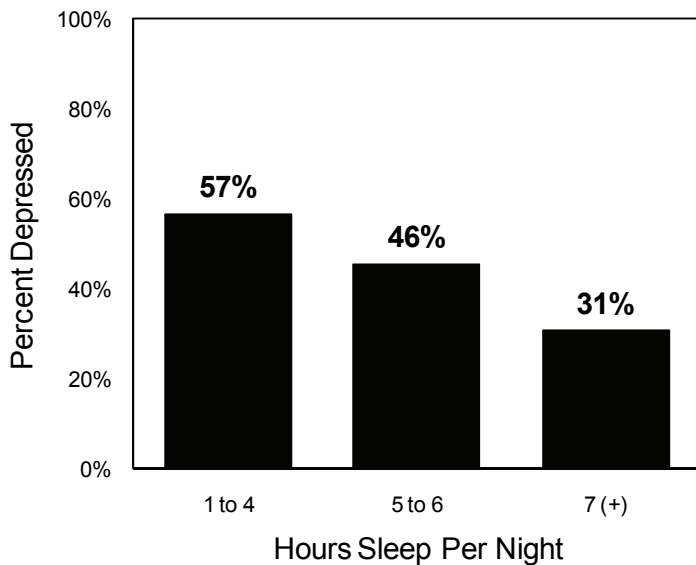


By Grade

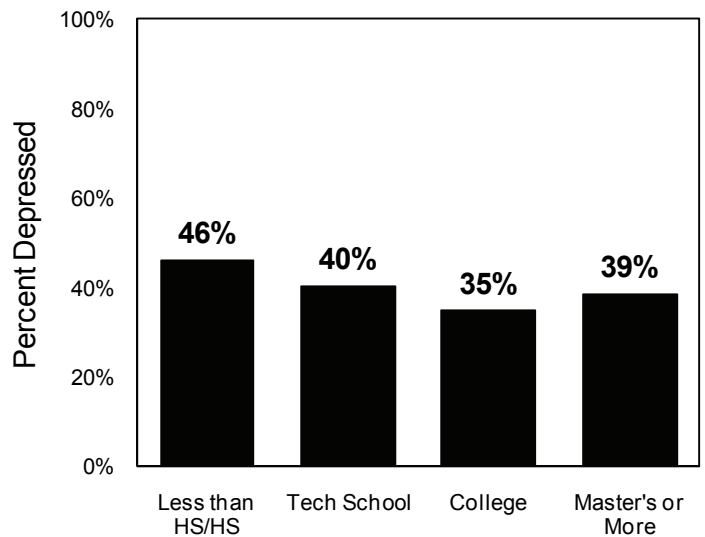


Survey Question: "In the past 6 months, have you been unhappy or depressed for long periods of time?"

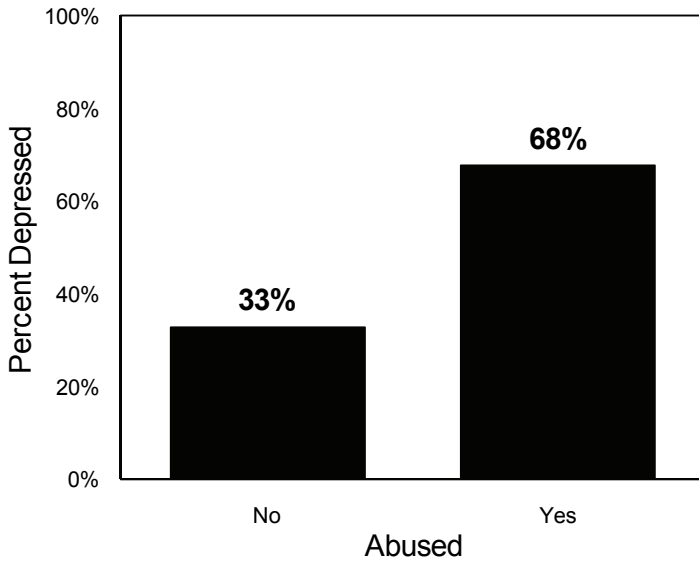
Depression by Nightly Hours of Sleep



Depression by Expected Future Education

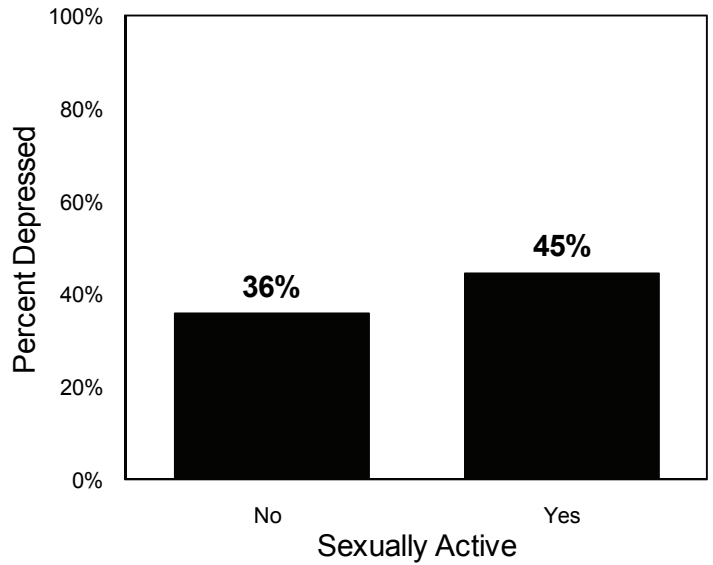


Depression by Physical Abuse

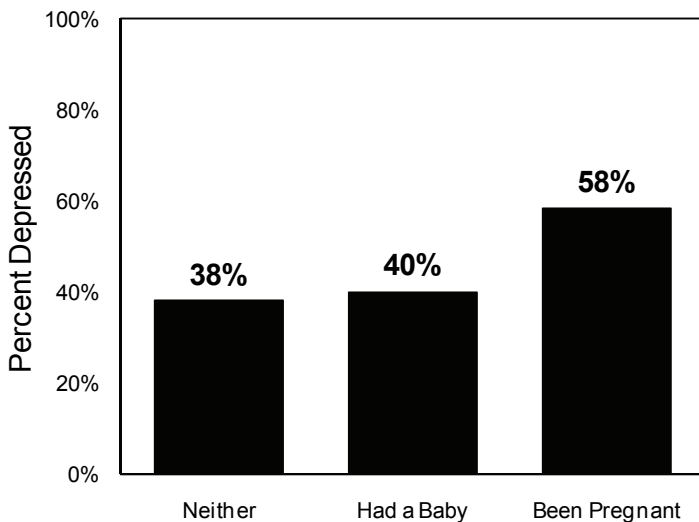


Survey Question: "Has a parent, guardian, or other trusted adult ever been physically violent towards you (hit you, slapped you, pushed you, kicked you, etc.)?"

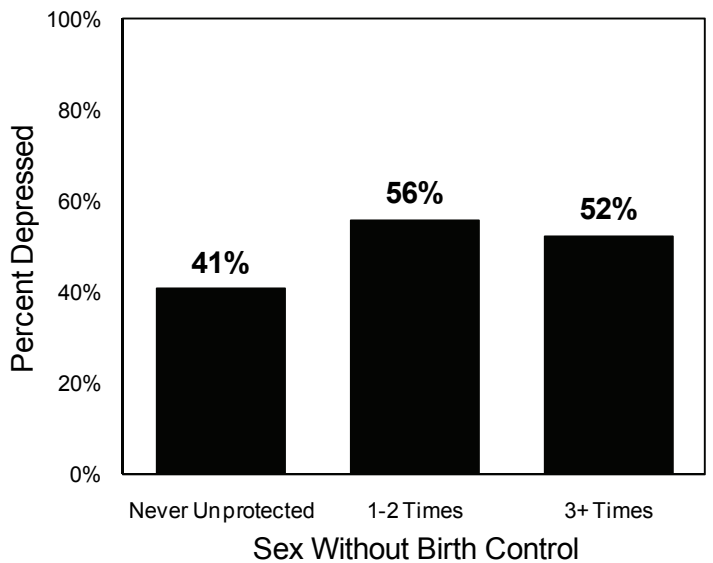
Depression by Sexual Activity



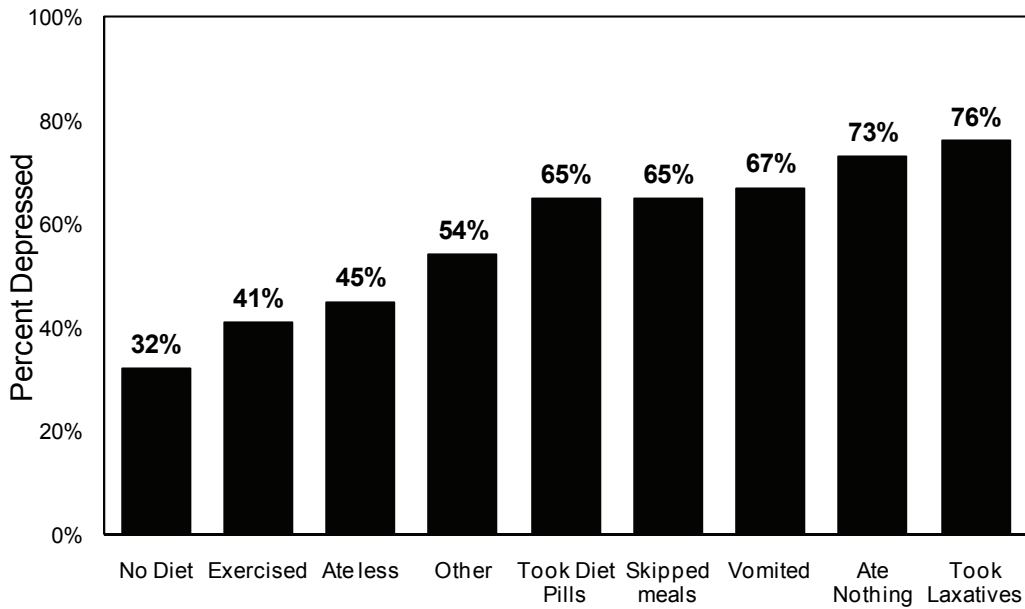
Depression by Pregnant or Had a Baby



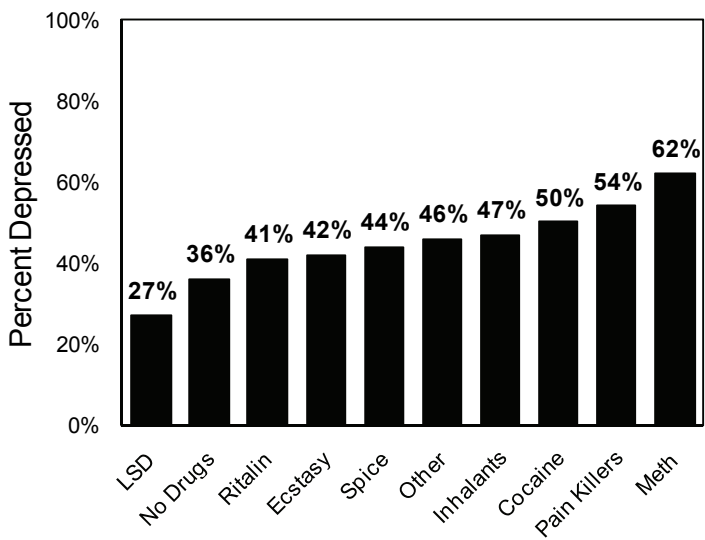
Depression by Sex Without Birth Control



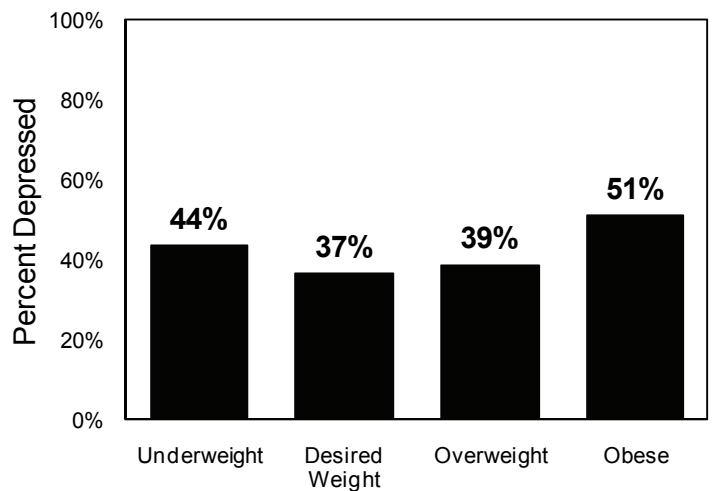
Depression by Weight Loss Method



Depression by Substance Use



Depression by Weight



Actual Weight Category Based on BMI*

*Body Mass Index (BMI) is calculated by dividing weight in kilograms by height in meters squared.

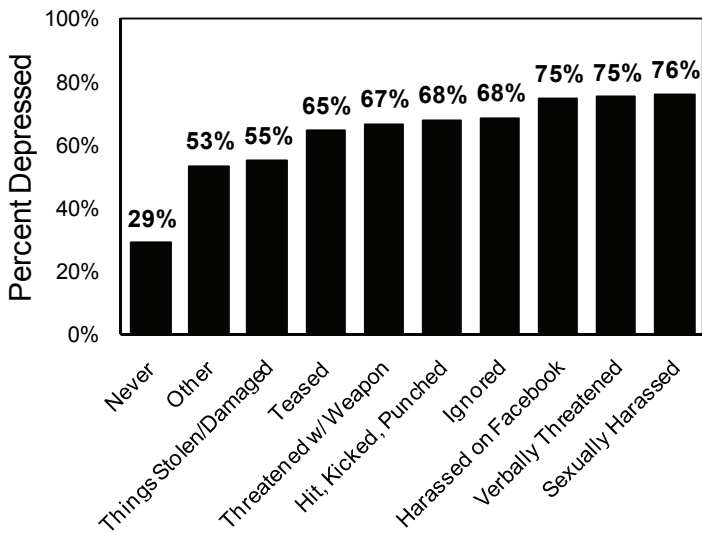
Underweight: BMI <18.5

Normal Weight: BMI=18.5-24.9

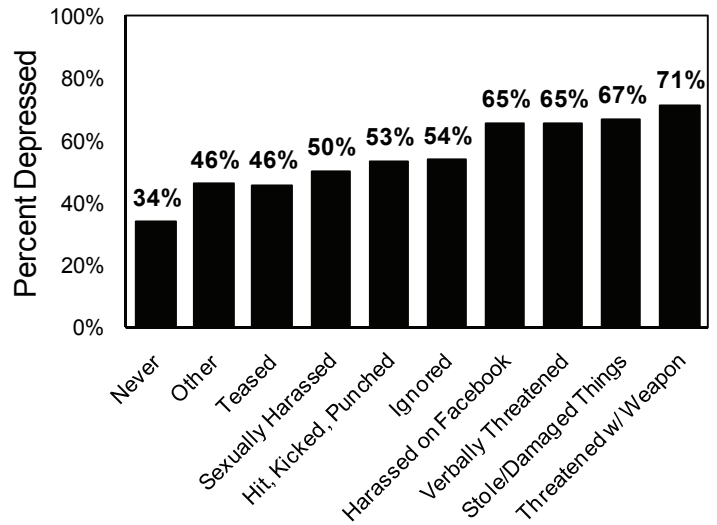
Overweight: BMI=25-29.9

Obese: BMI=30+

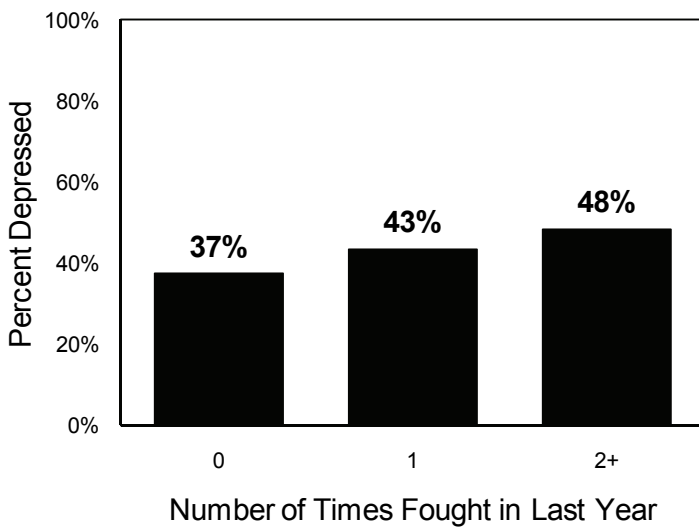
Depression by Been Bullied by Someone Else



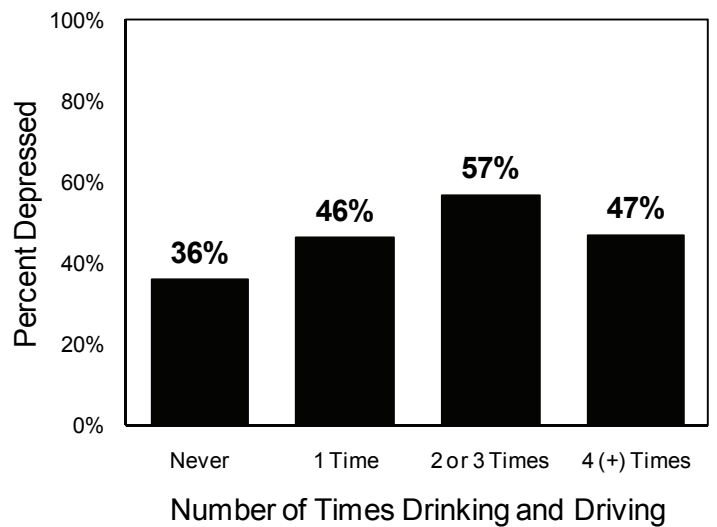
Depression by Bullied Someone



Depression by Physical Fighting



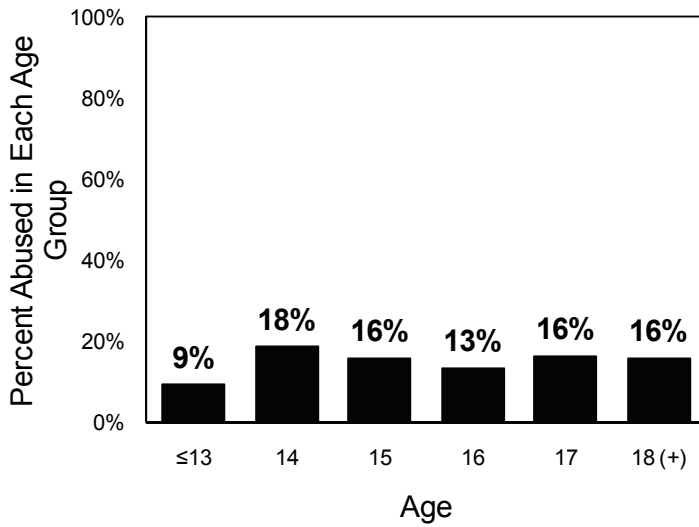
Depression by Drinking and Driving



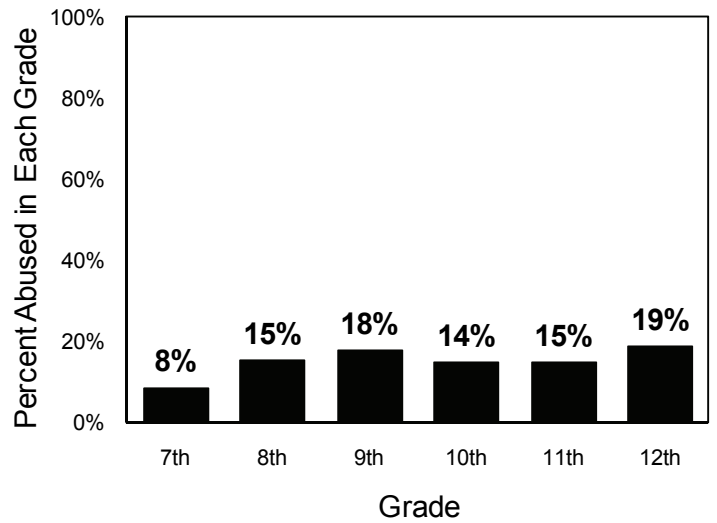
Physical Abuse

14% of all participating students have been seriously injured on purpose by an adult.

By Age

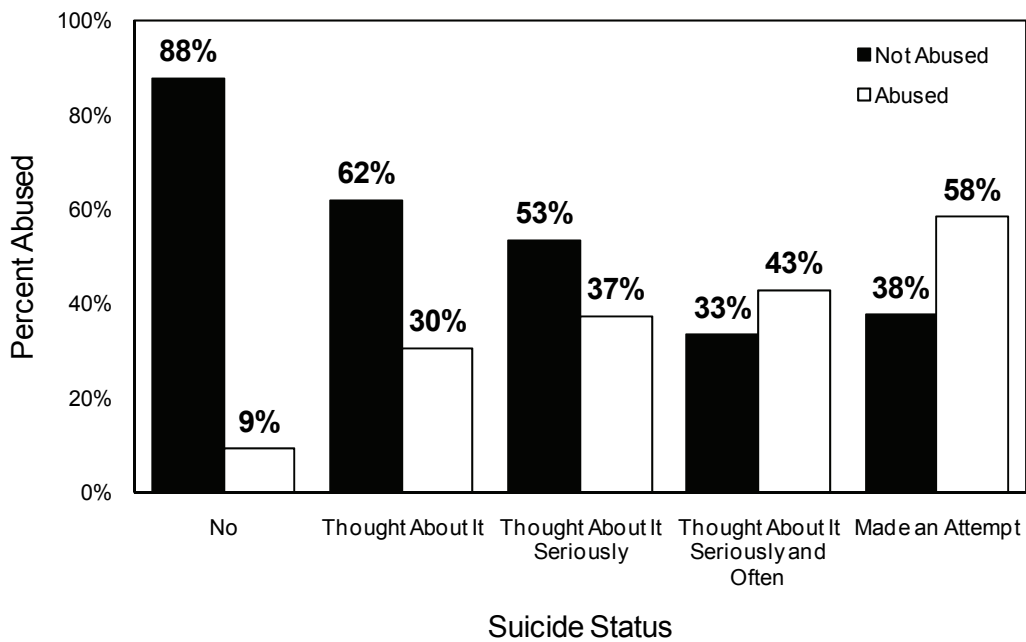


By Grade



Survey Question: "Has a parent, guardian, or other trusted adult ever been physically violent towards you (hit you, slapped you, pushed you, kicked you, etc.)?"

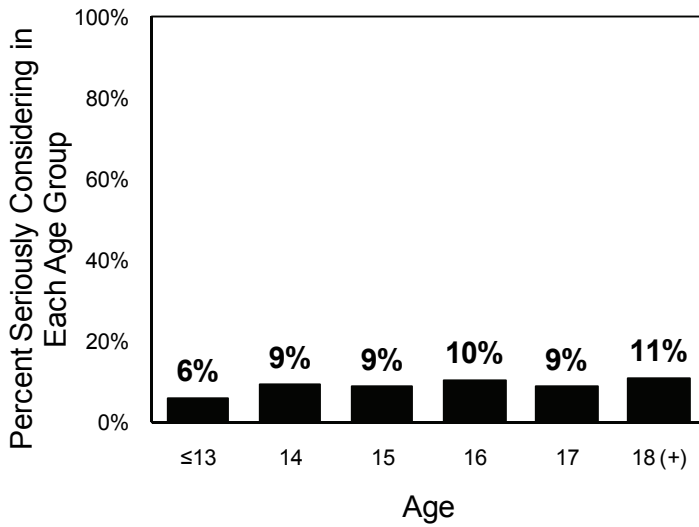
Physical Abuse by Suicide



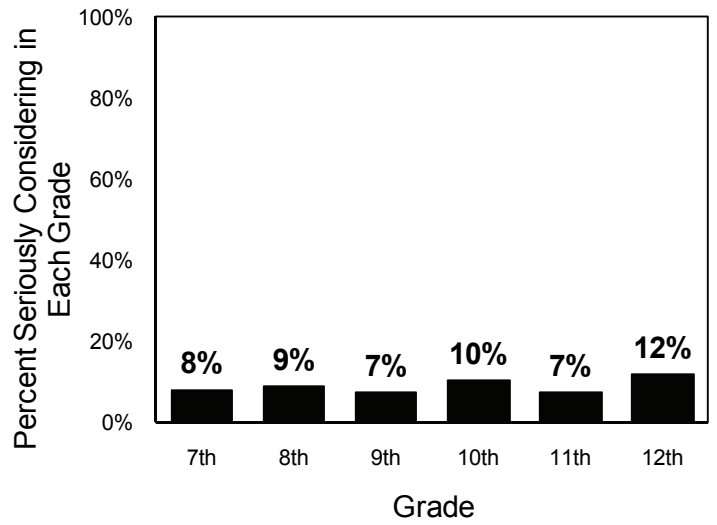
Suicide

9% of all participating students have seriously thought about or attempted suicide in the past year.

By Age

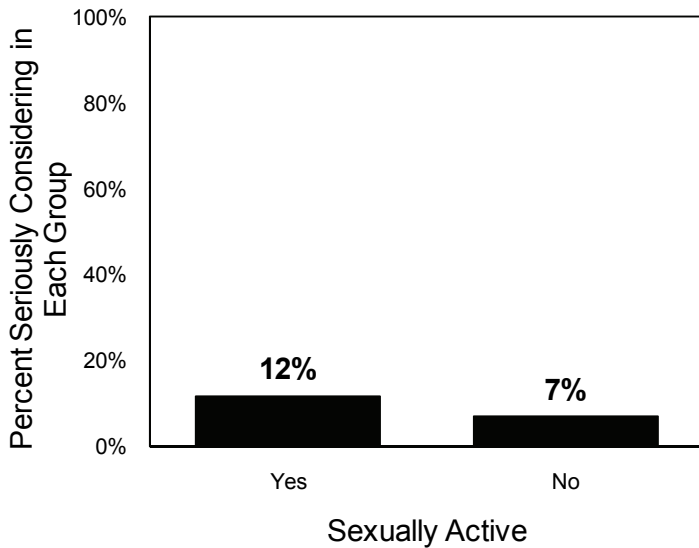


By Grade

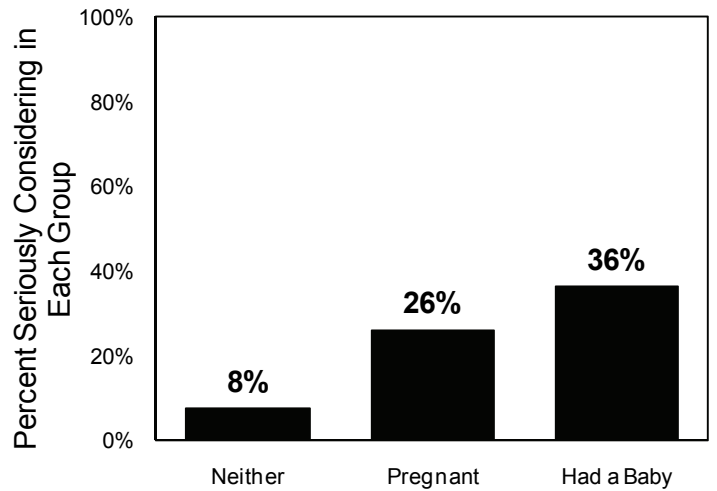


Survey Question: "In the past year, have you thought about or attempted suicide?"

Suicide by Sexually Active



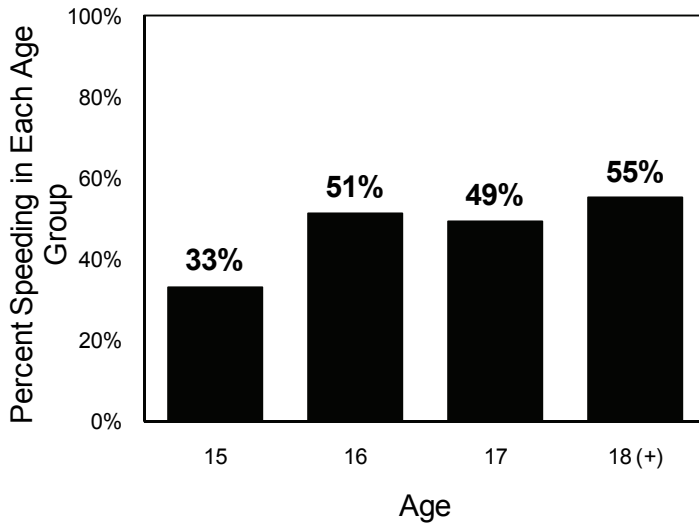
Suicide by Been Pregnant or Had a Baby



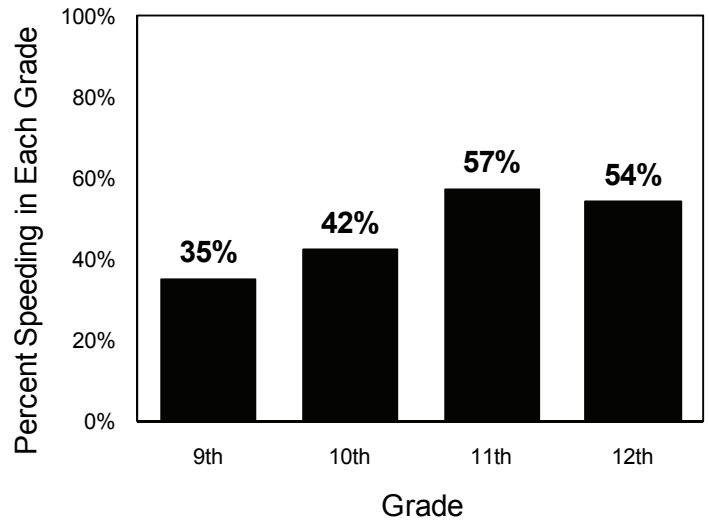
Speeding

45% of all participating drivers exceed the speed limit.

By Age



By Grade

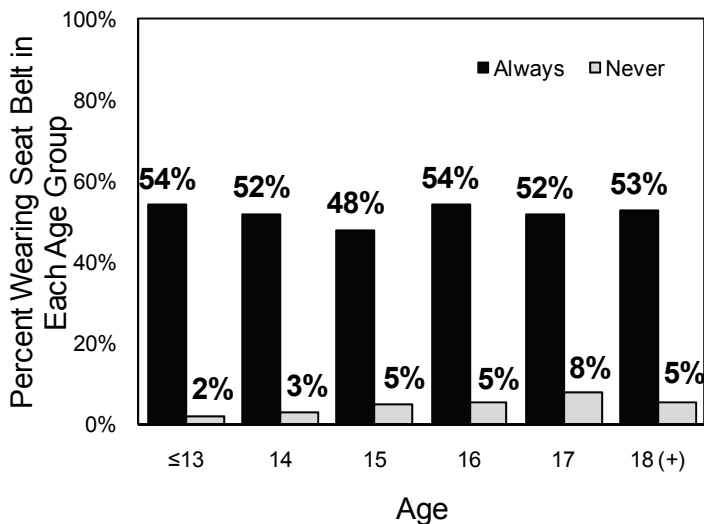


Survey Question: "If you drive, on average, how close to the speed limit do you drive?"

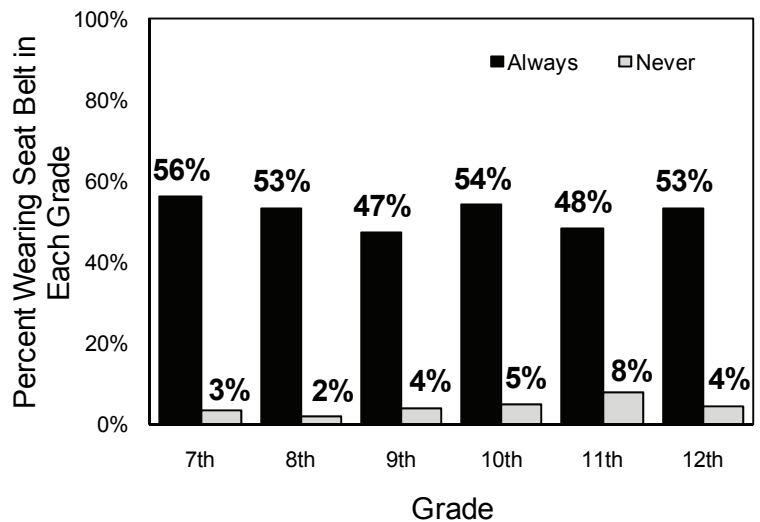
Seat Belt Use

52% of all participating students always wear their seat belt.

By Age



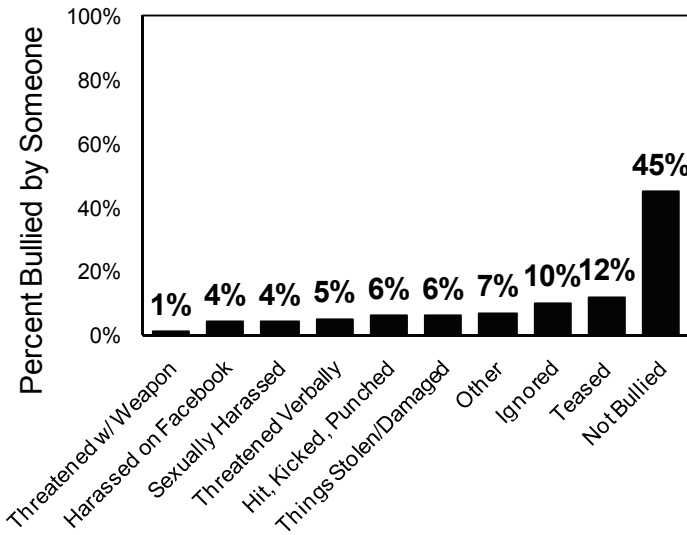
By Grade



Survey Question: "How often do you use a seat belt when you drive or ride in a car?"

Been Bullied by Someone at School

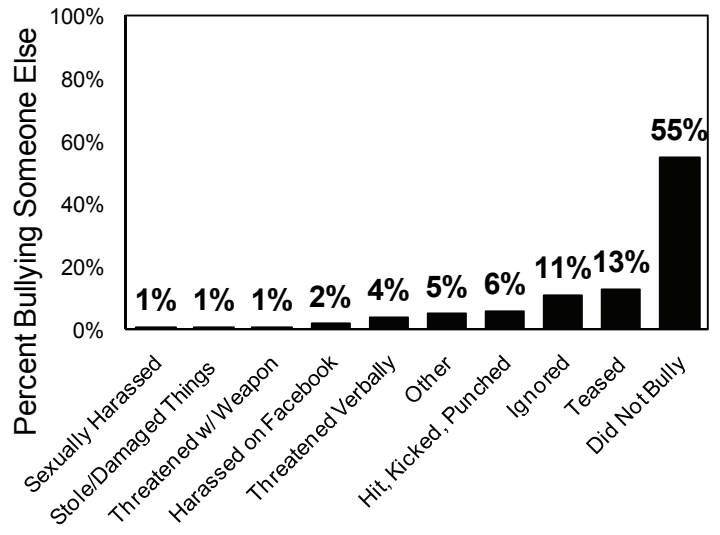
55% of all participating students have been bullied at school in the past year.



Survey Question: "What has happened to you at school in the past 12 months?"

Bullying Someone Else at School

45% of all participating students have bullied another student at school in the past year.

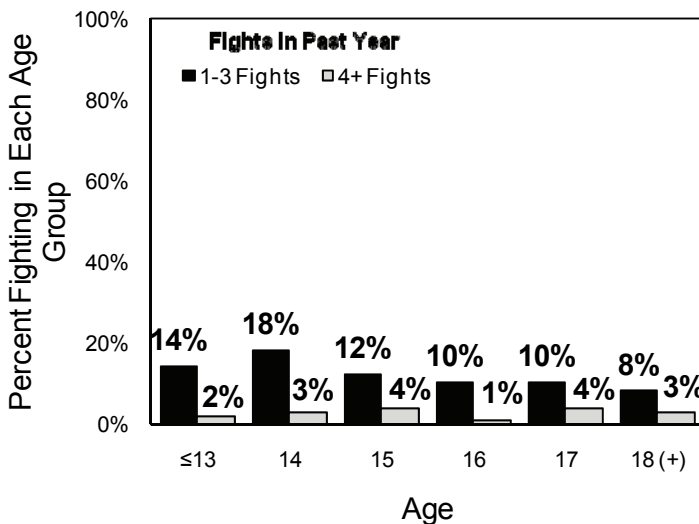


Survey Question: "What have you done to another student at school in the past 12 months?"

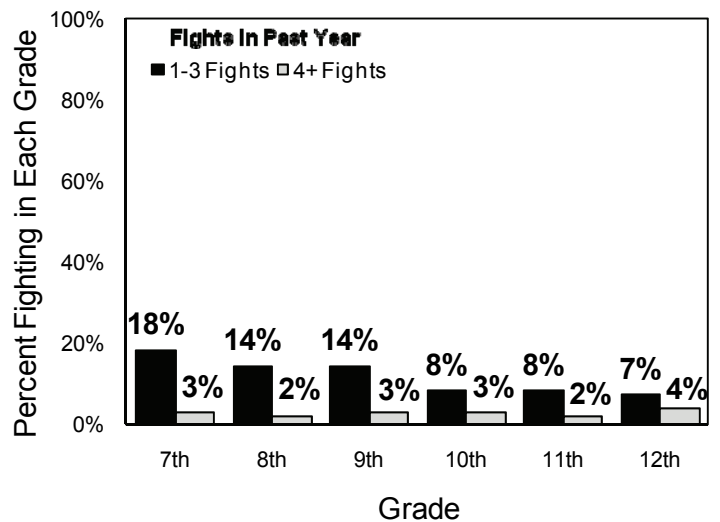
Physical Fighting

15% of all participating students have been in a physical fight in the last year.

By Age



By Grade

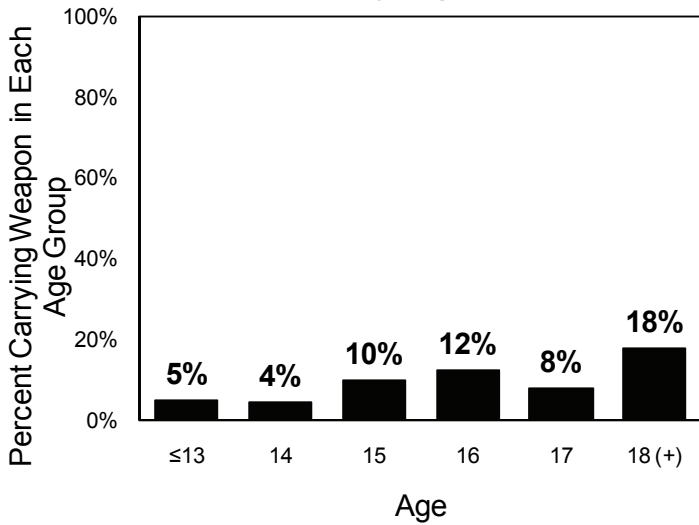


Survey Question: "In the last year, how many times were you in a physical fight at school?"

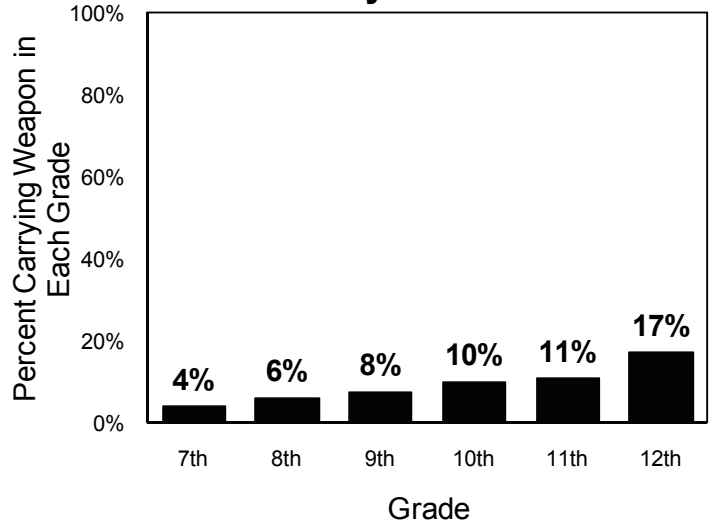
Carrying a Weapon to School

8% of all participating students carried a weapon to school in the past year.

By Age

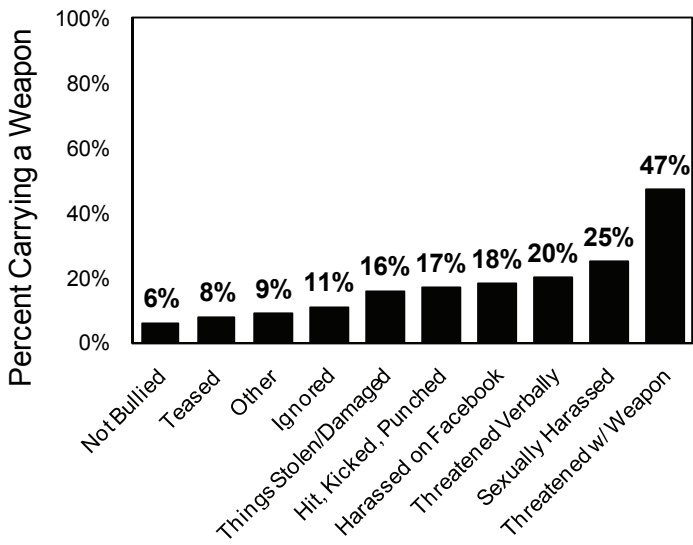


By Grade



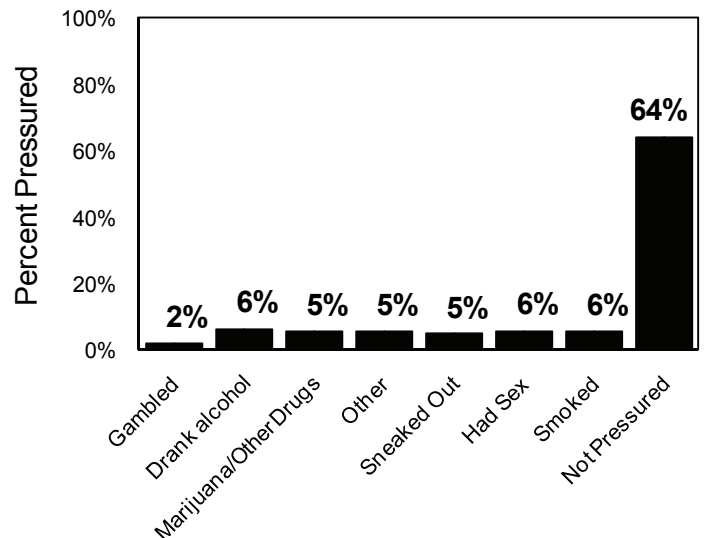
Survey Question: "In the last year, did you carry a weapon to this school?"

Carrying a Weapon by Been Bullied at School



Peer Pressure

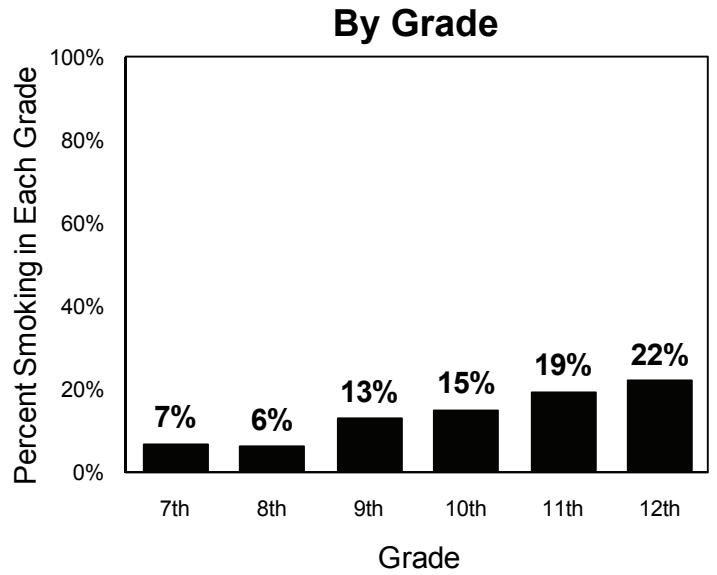
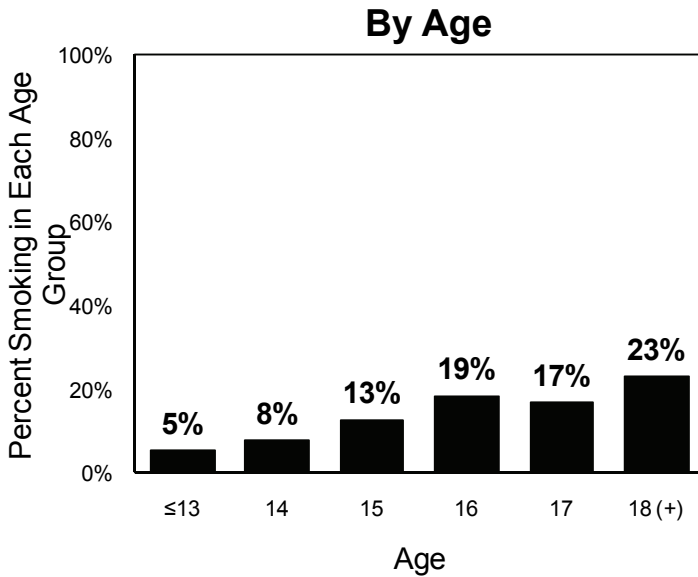
36% of all participating students have experienced pressure from friends or peers.



Survey Question: "Which of the following have you done because of pressure or a suggestion by your friends?"

Smoking

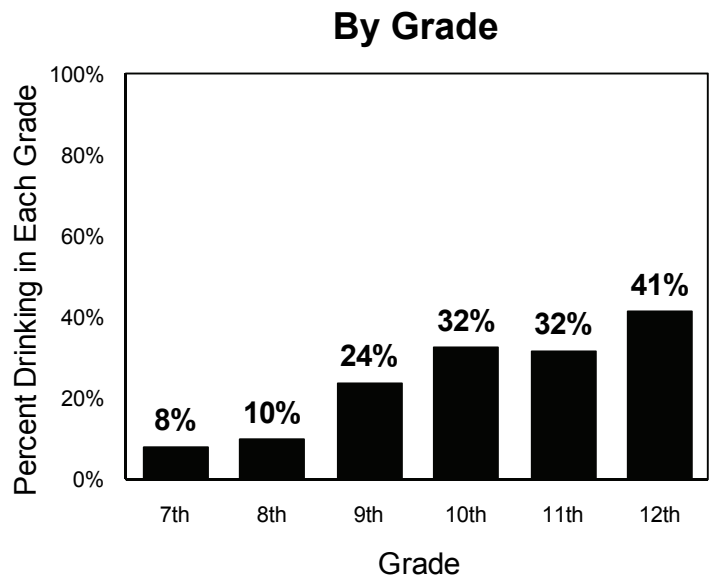
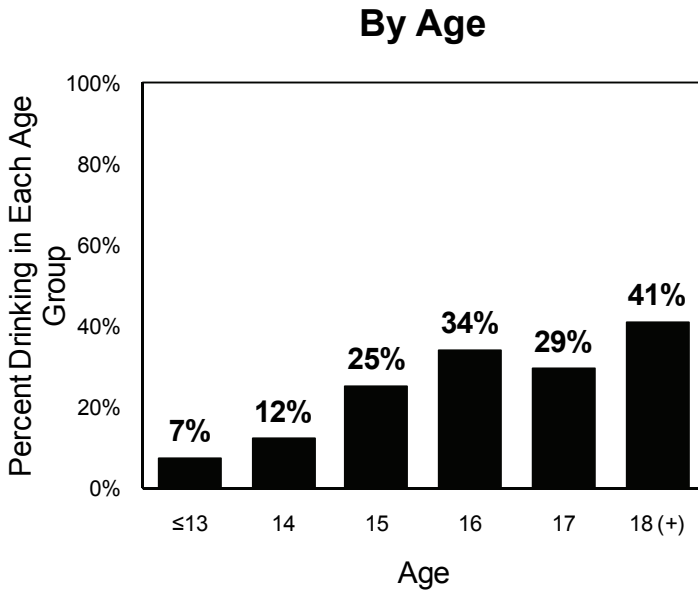
13% of all participating students smoke cigarettes.



Survey Question: "During the past 30 days, how many cigarettes did you smoke per day?"

Alcohol Use

22% of all participating students drank alcohol in the last month.

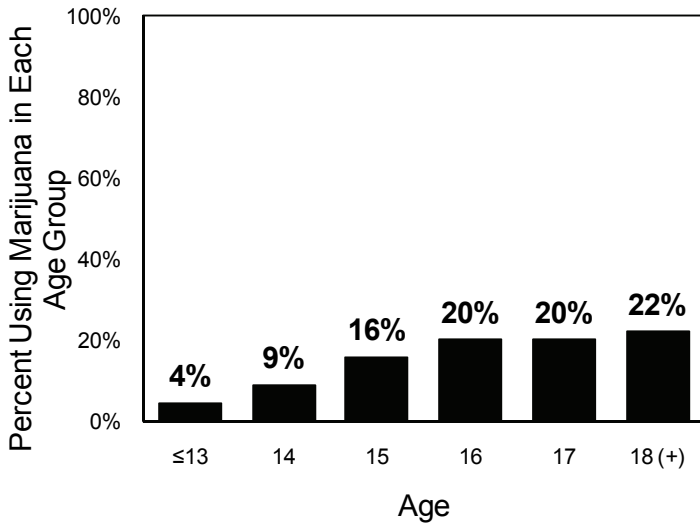


Survey Question: "During the past 30 days, how many days did you have at least one drink of alcohol?"

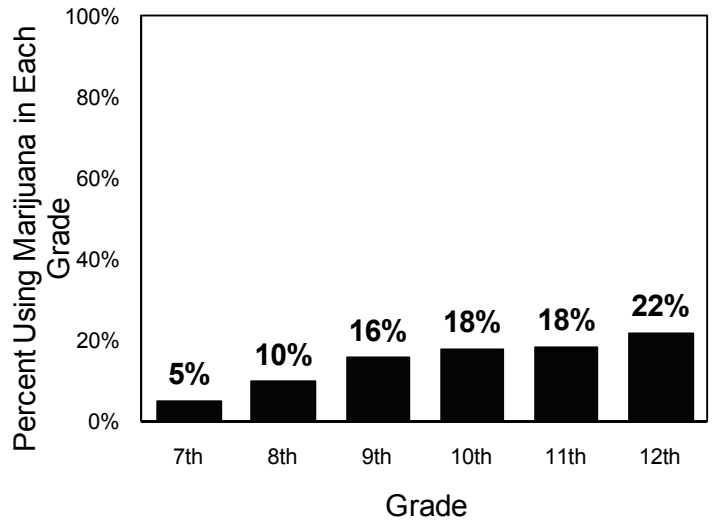
Marijuana Use

14% of all participating students currently use marijuana.

By Age



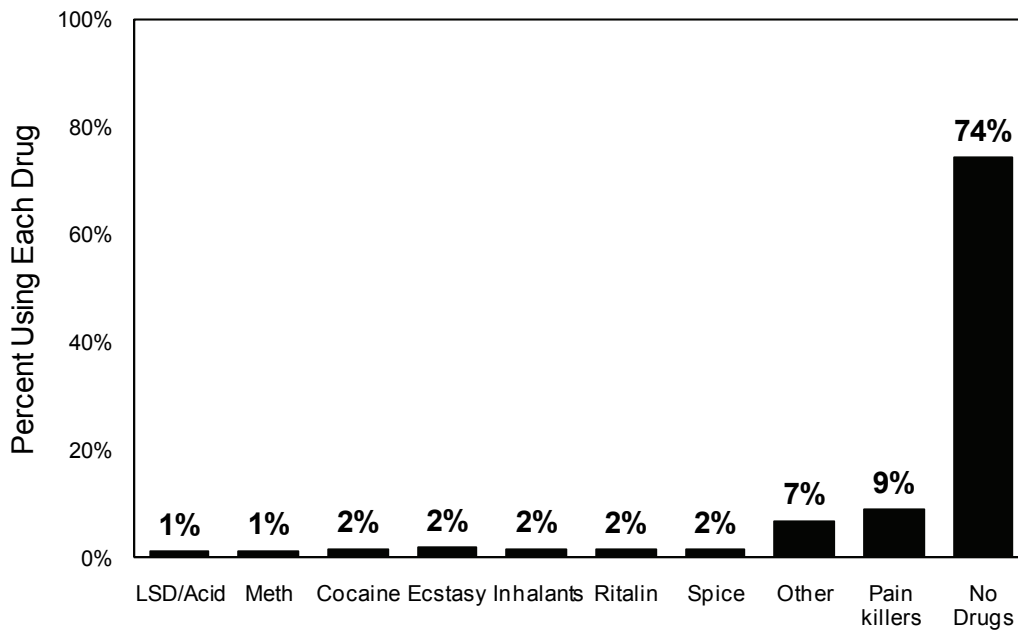
By Grade



Survey Question: "Do you smoke marijuana?"

Substance Use

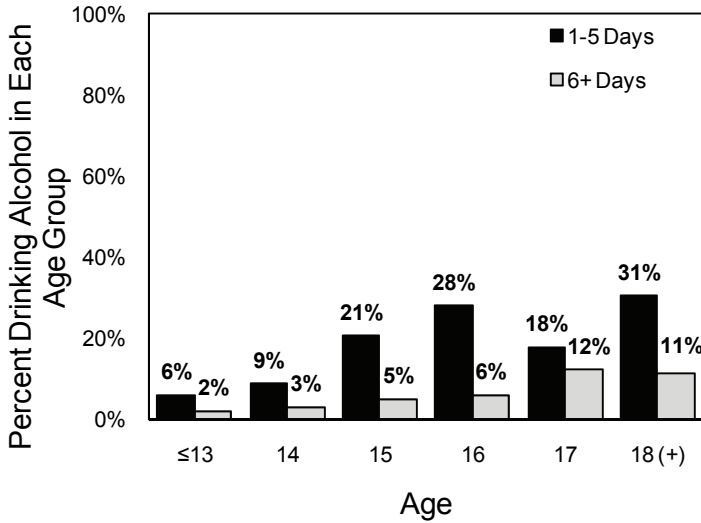
25% of all participating students have used another substance.



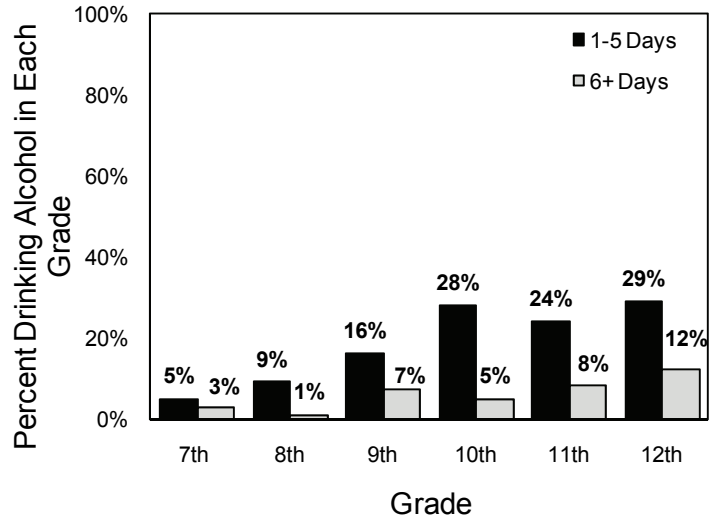
Survey Question: "Have you ever used any of the following drugs without a prescription?"

Frequency of Alcohol Use

By Age



By Grade

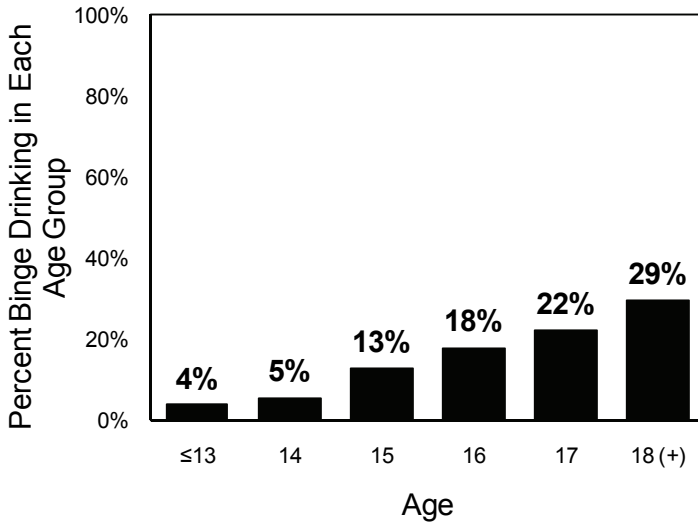


Survey Question: "During the past 30 days, how many days did you have at least one drink of alcohol?"

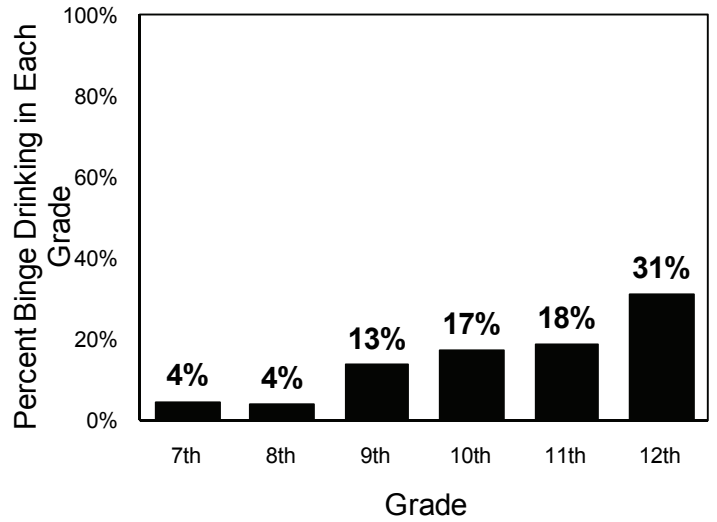
Binge Drinking

13% of all participating students had a binge drinking episode in the past month.

By Age



By Grade

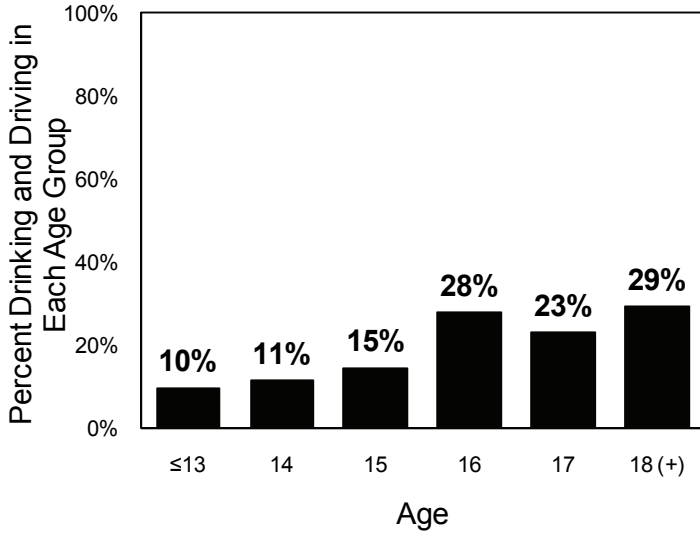


Survey Question: "During the past 30 days, how many days did you have 5 or more drinks of alcohol within a few hours?"

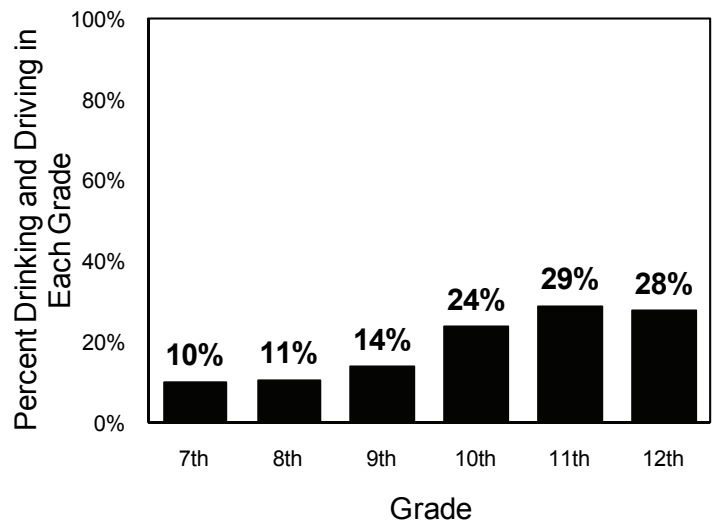
Drinking and Driving

18% of all participating students have driven after drinking alcohol or using drugs or ridden with a driver who has.

By Age

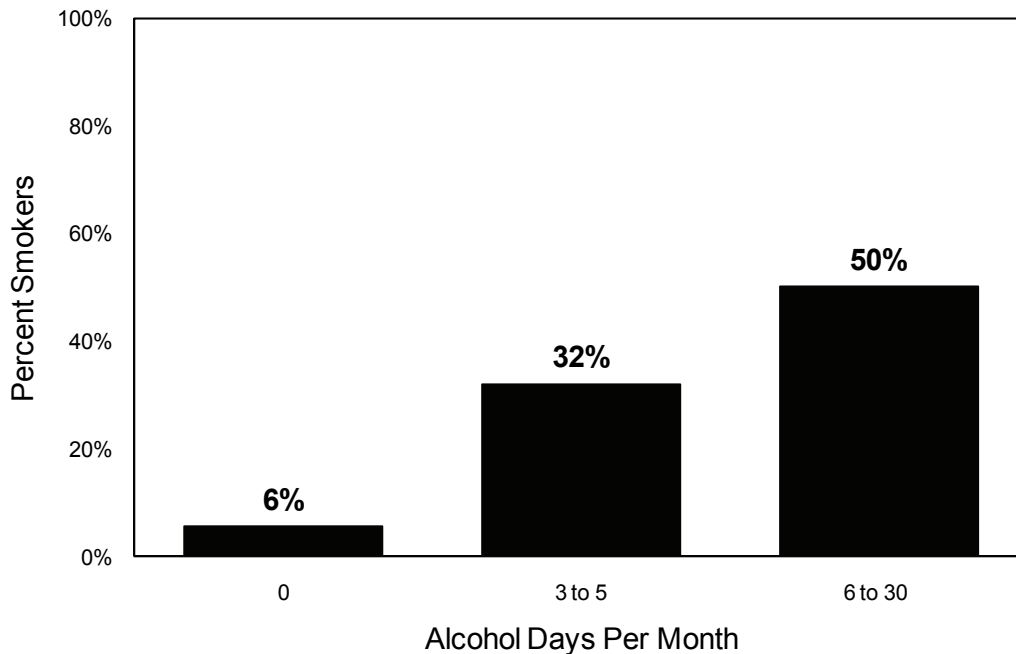


By Grade

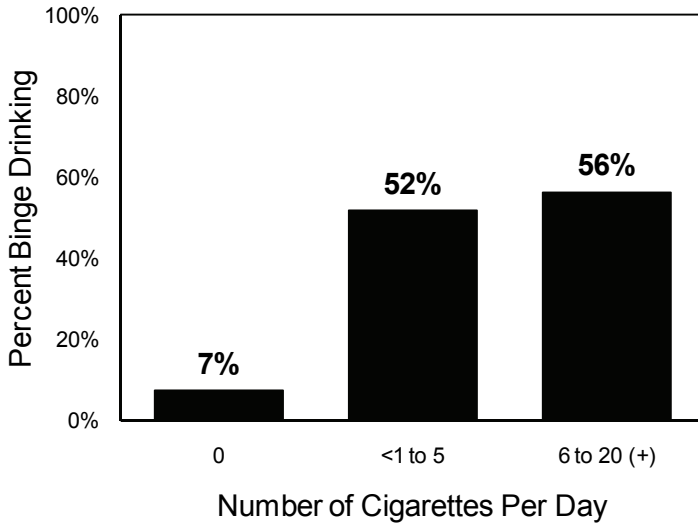


Survey Question: "In the past 12 months, how many times have you driven after drinking alcohol or using other drugs or ridden with a driver who has?"

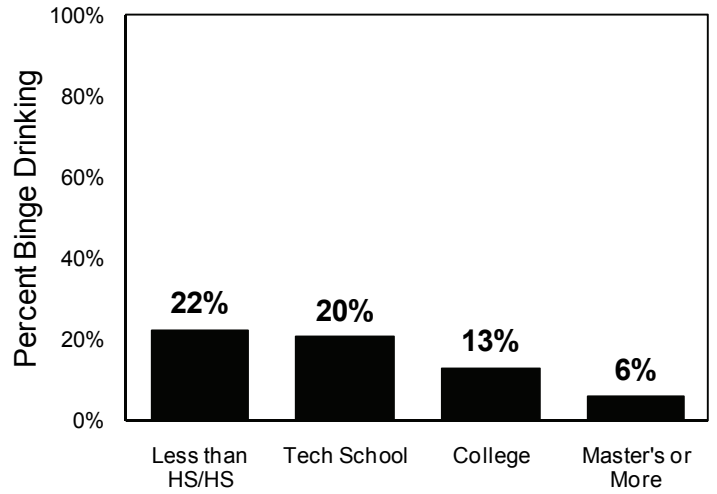
Cigarette Smoking by Alcohol Use



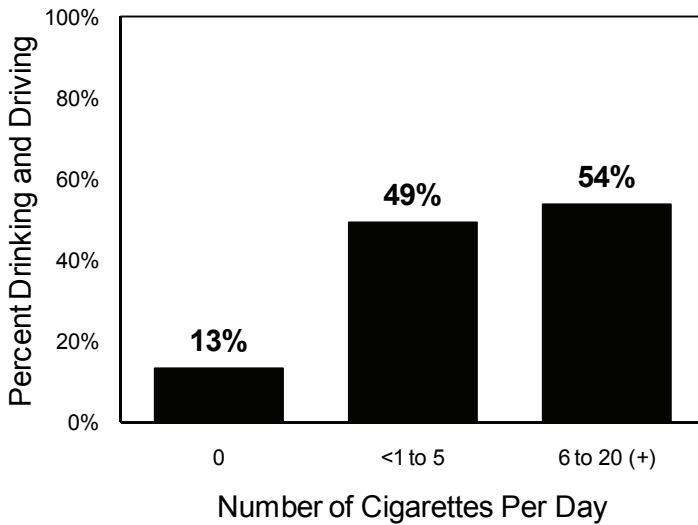
Binge Drinking by Smoking



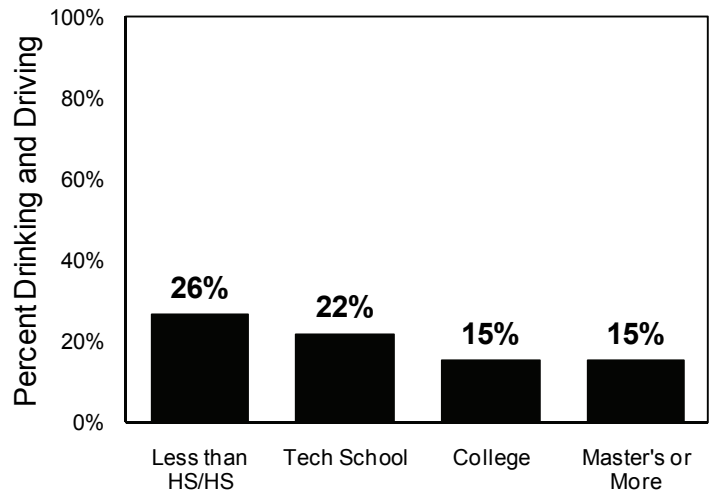
Binge Drinking by Expected Future Education



Drinking and Driving by Smoking



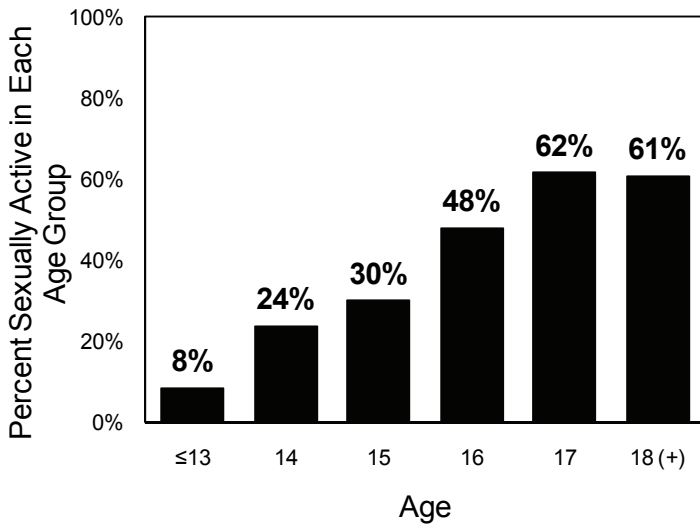
Drinking and Driving by Expected Future Education



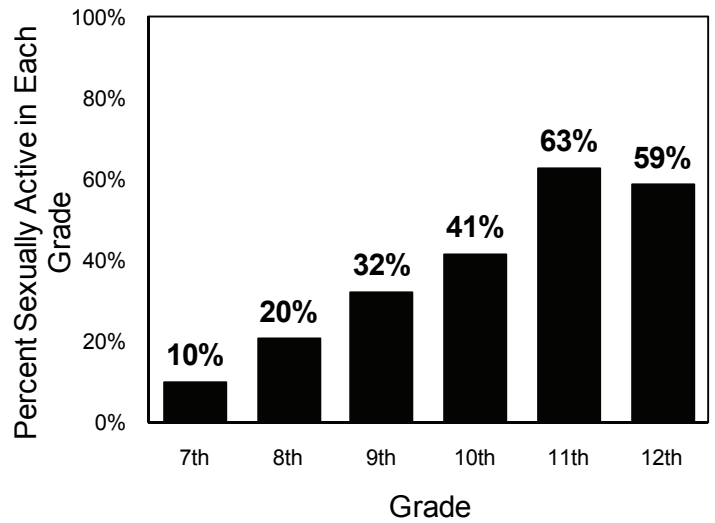
Sexual Intercourse

33% of all participating students have had sexual intercourse.

By Age



By Grade

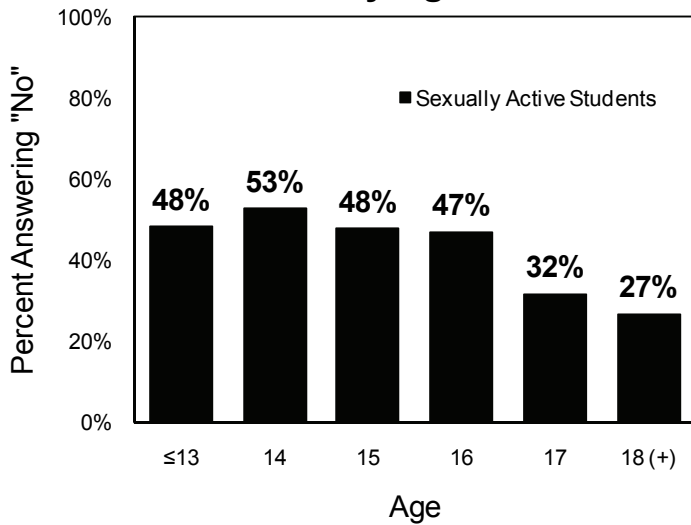


Survey Question: "Have you ever had sexual intercourse?"

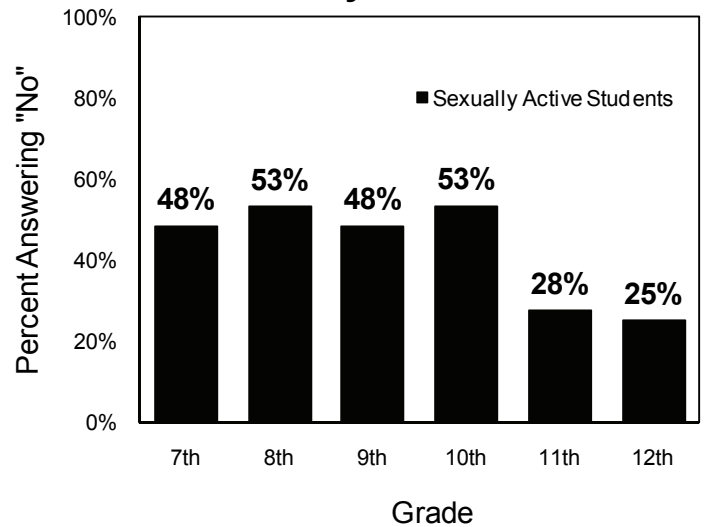
"Does one of your parents know you have had sexual intercourse?"

42% of parents do not know their children are sexually active.

By Age



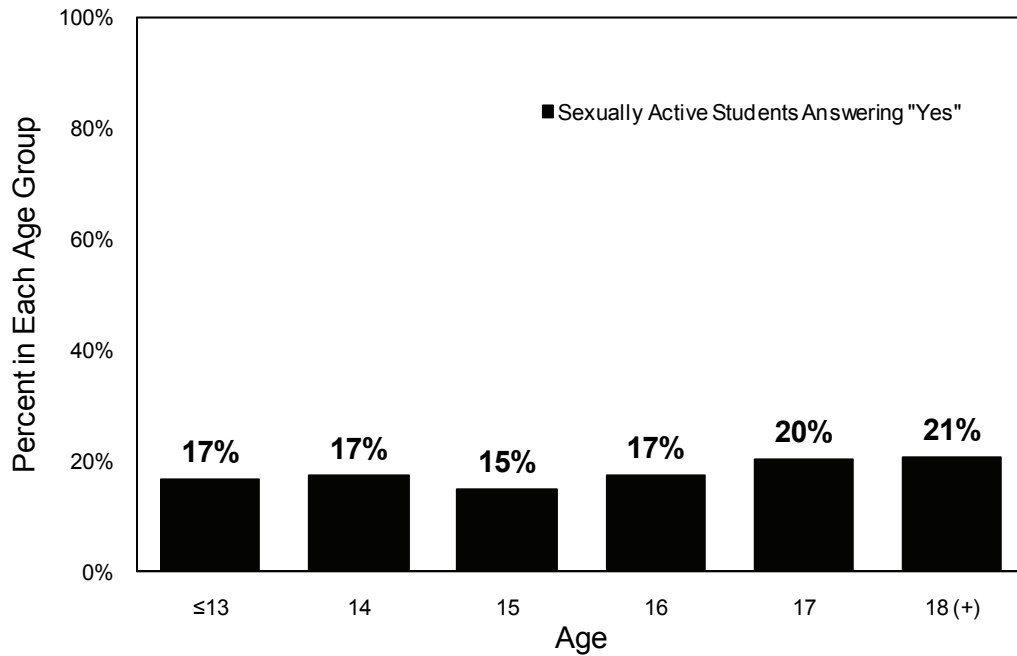
By Grade



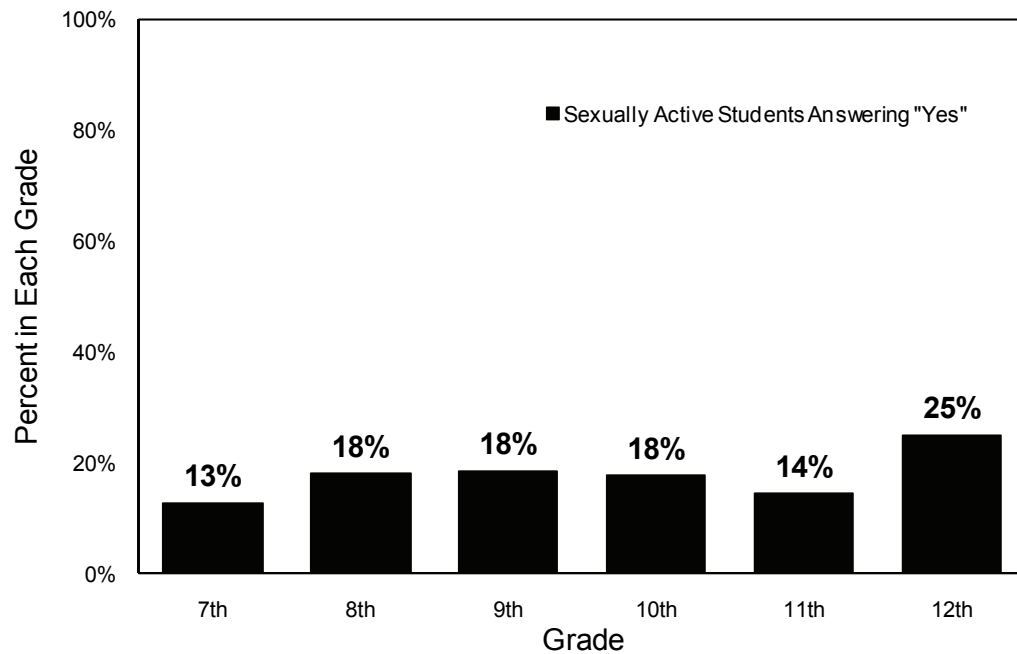
“The last time you had sexual intercourse, had you or your partner been using alcohol or drugs?”

18% of all sexually active students have been using alcohol or drugs the last time they had sexual intercourse.

By Age



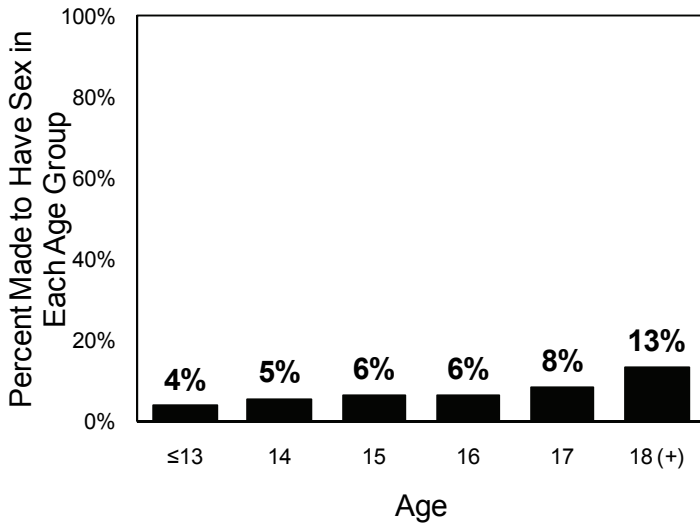
By Grade



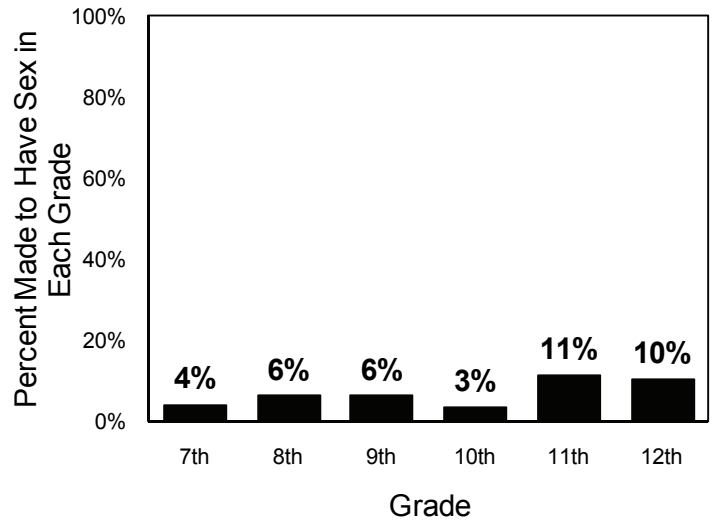
Made to Have Sex

6% of all participating students have been made to have sexual intercourse.

Unwanted Sexual Intercourse by Age

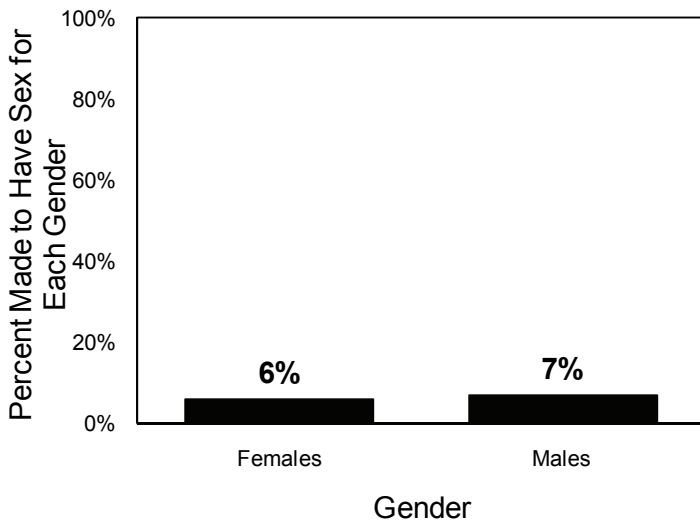


Unwanted Sexual Intercourse by Grade

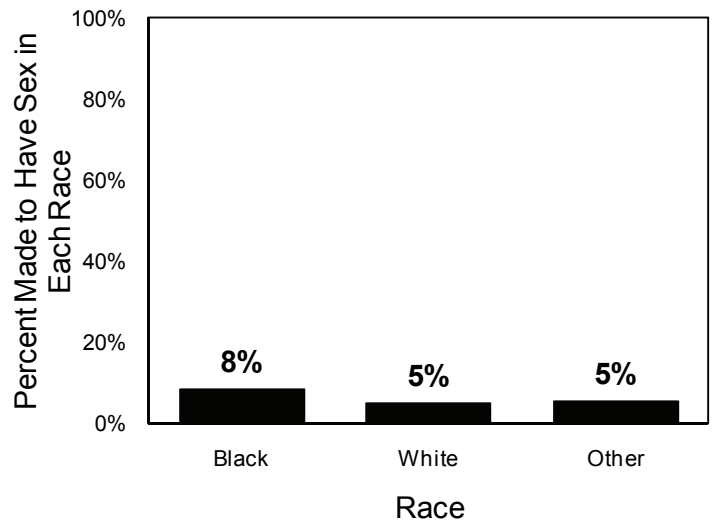


Survey Question: "Has anyone ever made you have sexual intercourse when you did not want to?"

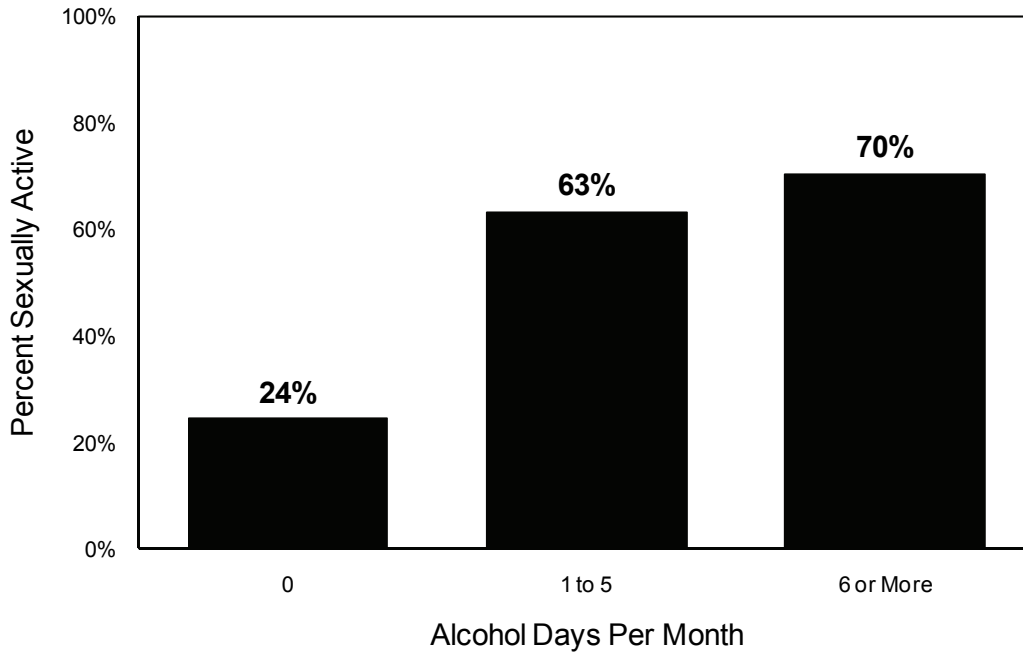
Unwanted Sexual Intercourse by Gender



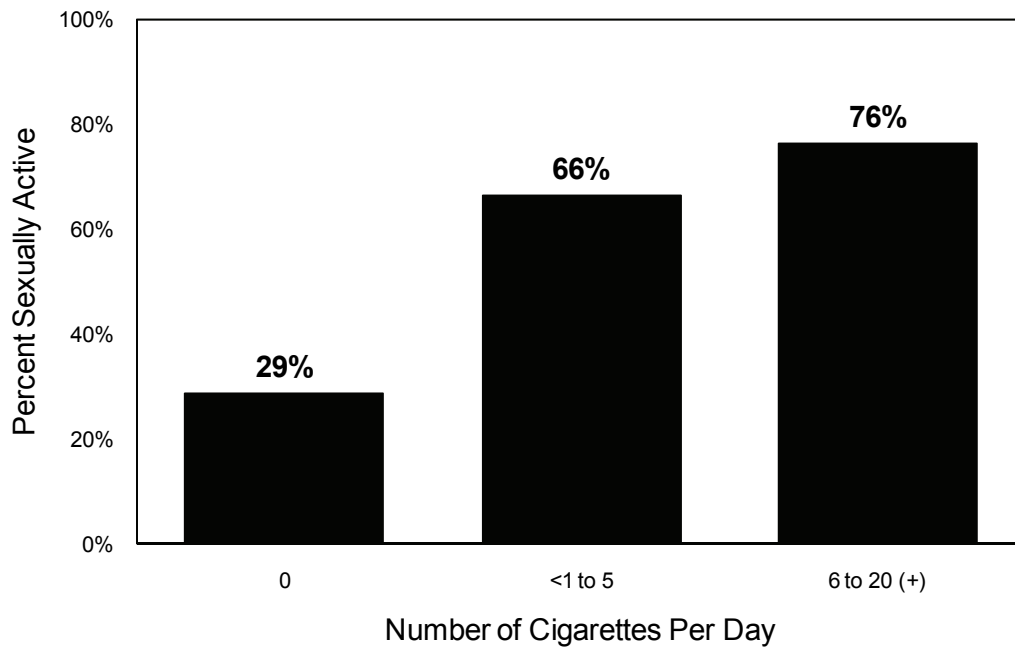
Unwanted Sexual Intercourse by Race



Sexual Intercourse by Alcohol Use



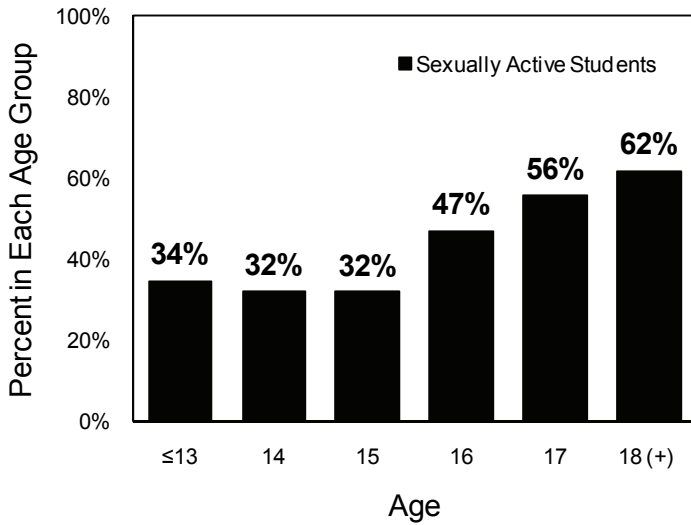
Sexual Intercourse by Smoking



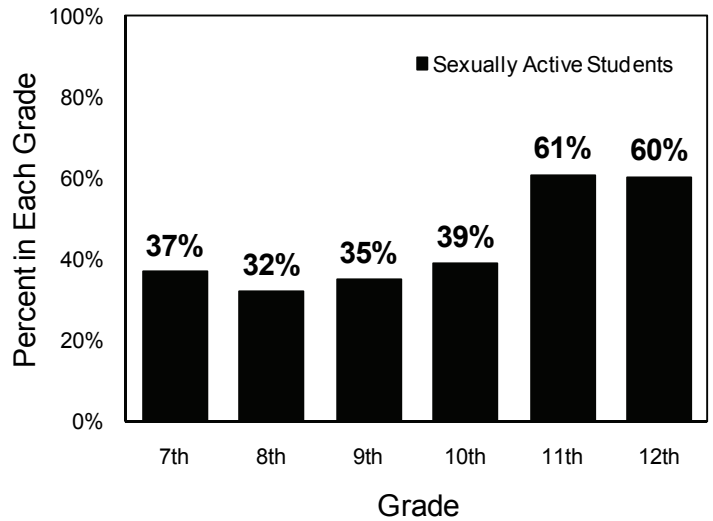
3 or More Sexual Partners in Lifetime

46% of sexually active students have had 3 or more sexual partners.

By Age



By Grade

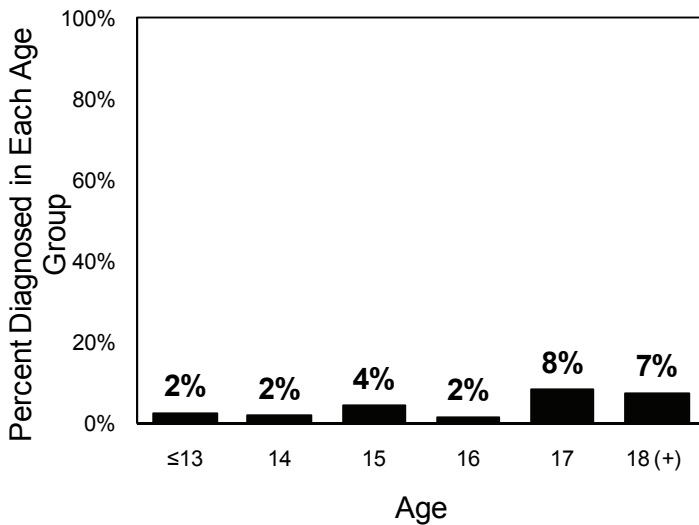


Survey Question: "In your lifetime, with how many partners have you had sexual intercourse?"

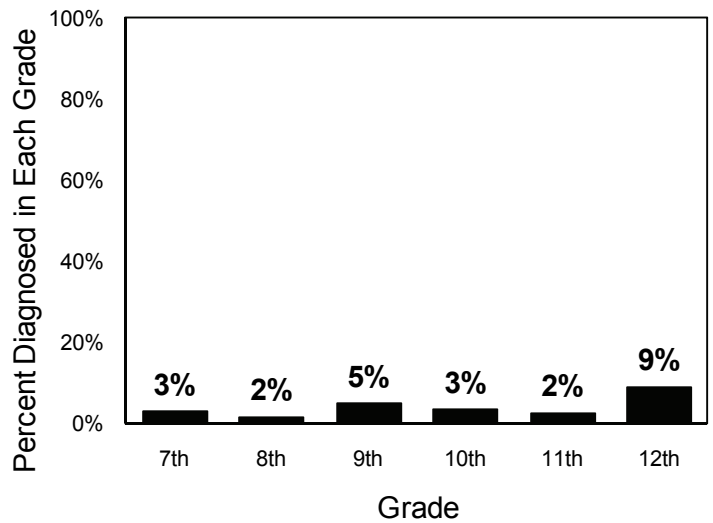
Sexually Transmitted Diseases

4% of all participating students have been diagnosed with a STD.

By Age



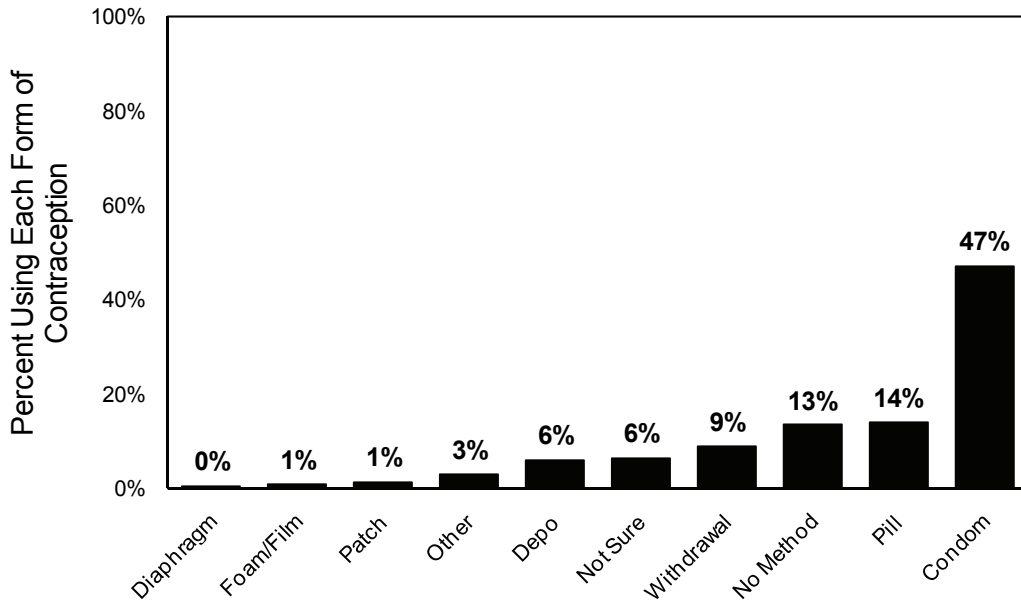
By Grade



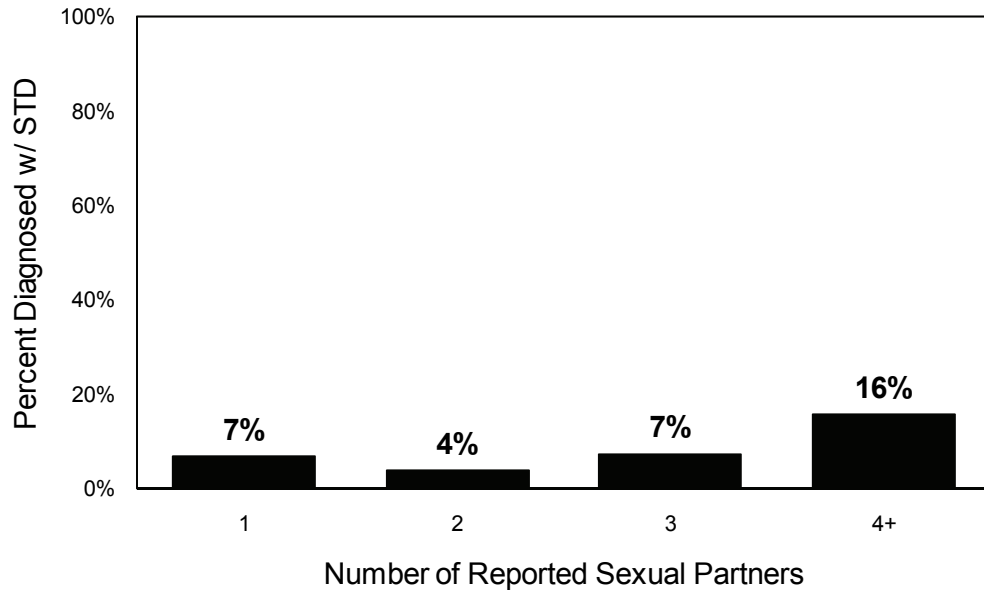
Survey Question: "Have you ever been told by a doctor or a nurse that you had a sexually transmitted disease such as Chlamydia, Gonorrhea, Herpes, Genital Warts, Syphilis, or AIDS/HIV infection?"

Contraception Use

80% of sexually active students used contraception the last time they had sexual intercourse.



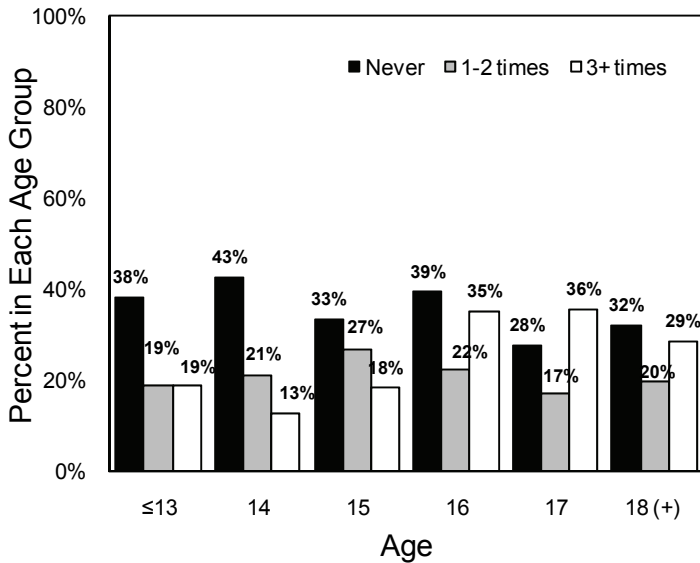
STD Diagnosis by Number of Sexual Partners



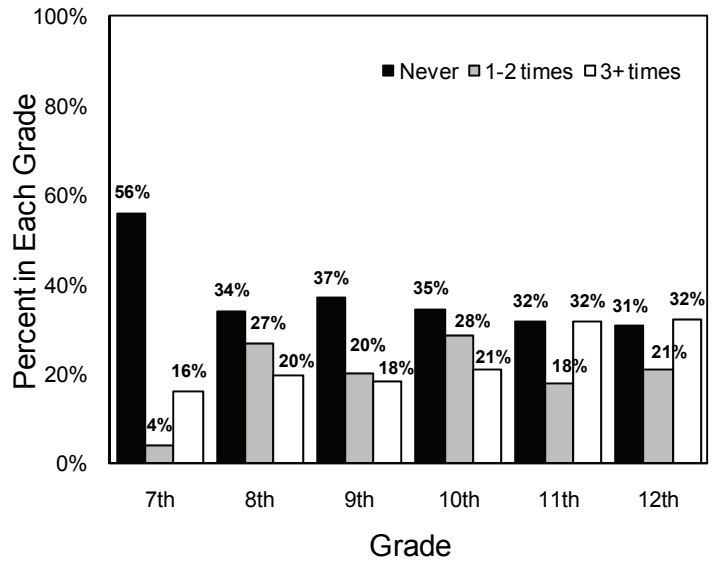
Frequency of Unprotected Sexual Intercourse

46% of sexually active students have had sexual intercourse without using birth control.

By Age



By Grade

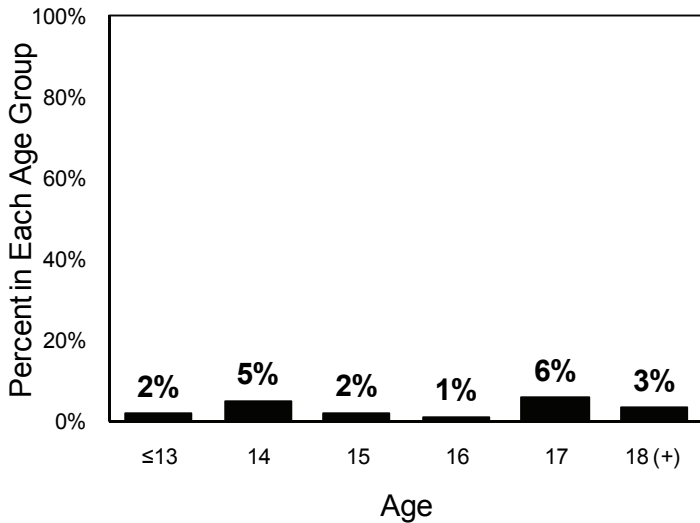


Survey Question: "How many times have you had sexual intercourse without using birth control?"

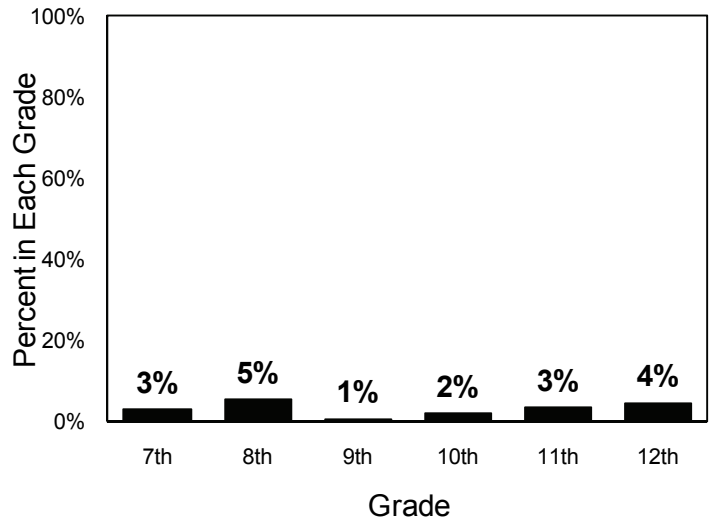
Want a Baby Before Graduation

3% of all participating students want a baby before high school graduation.

By Age



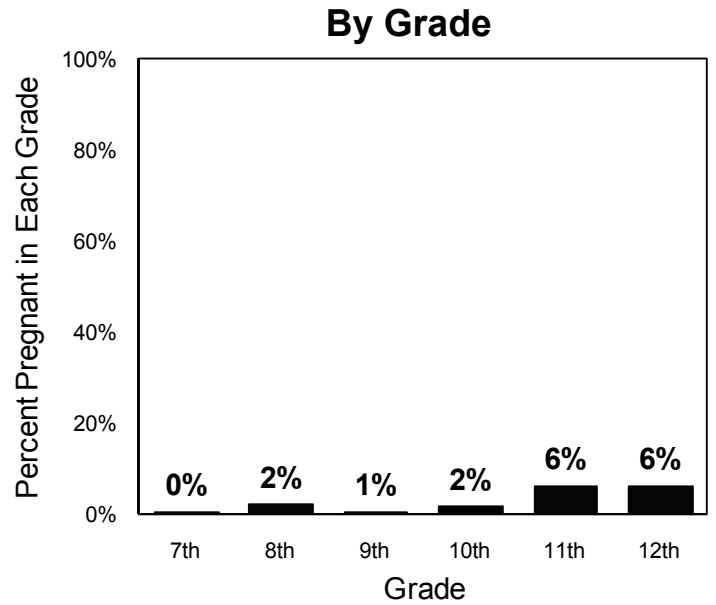
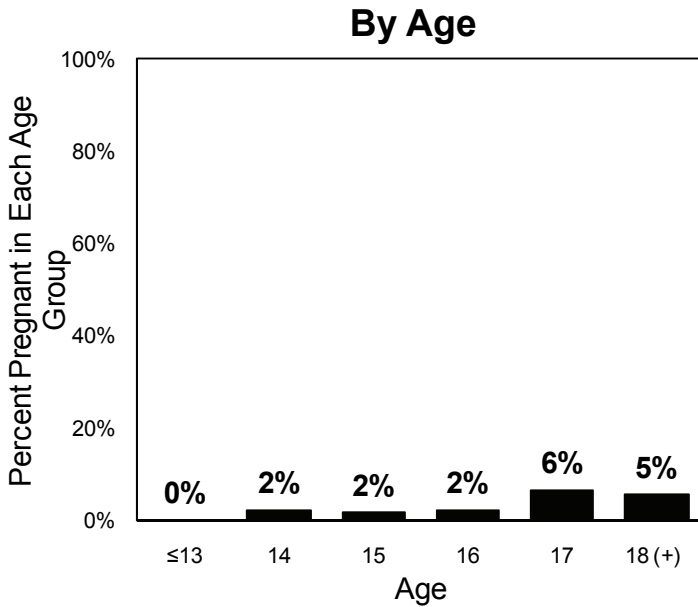
By Grade



Survey Question: "Do you want to have a baby or father a baby before finishing high school?"

Pregnancy

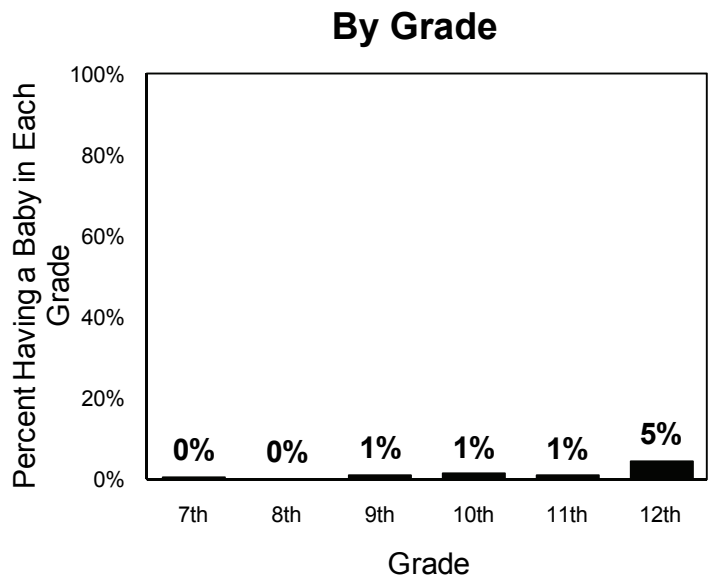
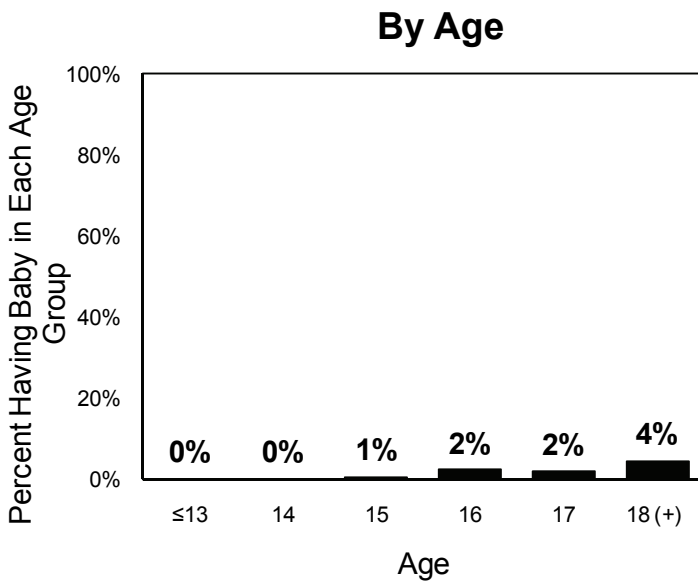
2% of all participating students have been pregnant or gotten someone pregnant.



Survey Question: "Have you ever been pregnant or gotten a girl pregnant?"

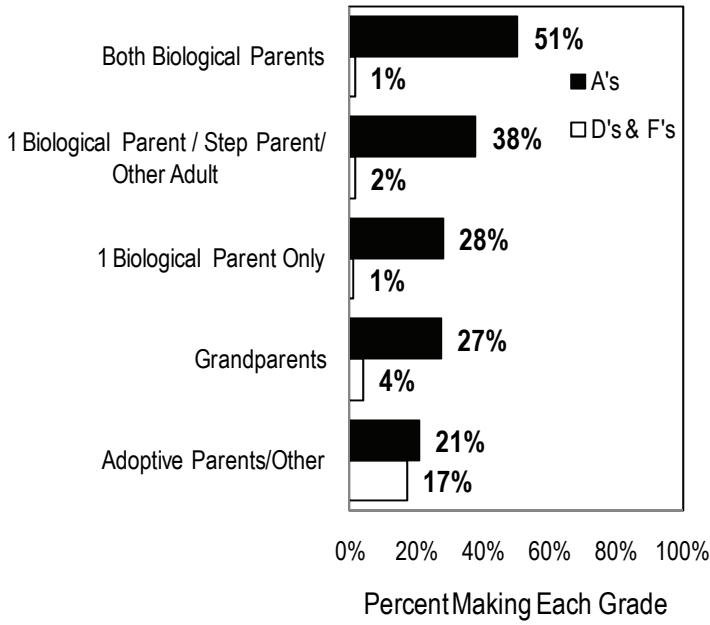
Had a Baby

1% of all participating students have had a baby.

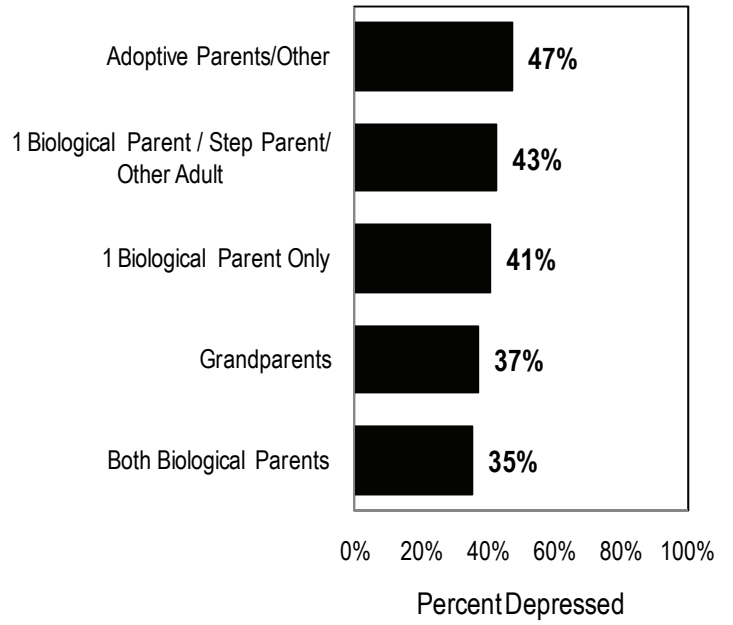


Survey Question: "Have you ever had a baby or fathered a baby?"

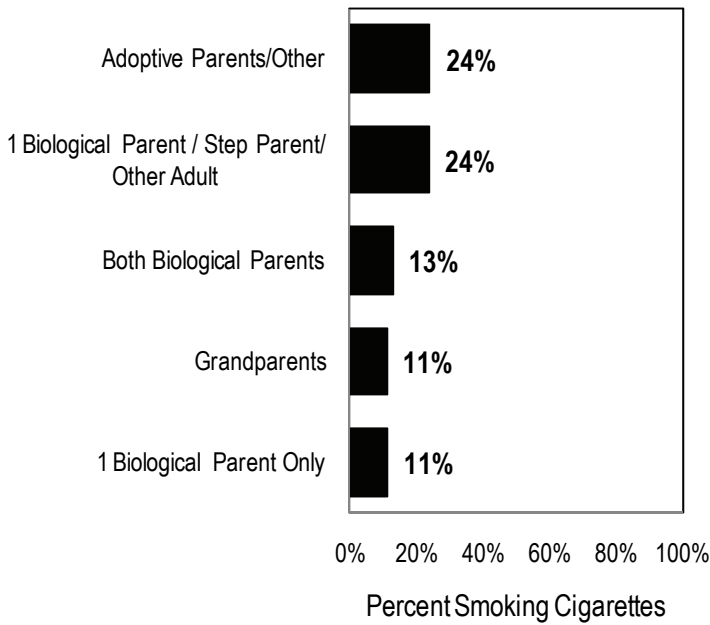
Typical School Grades by Family Type



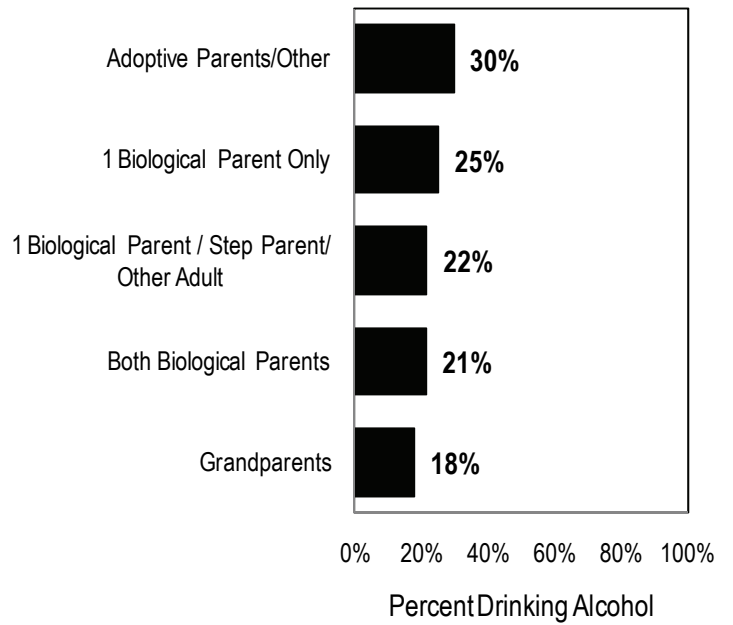
Depression by Family Type



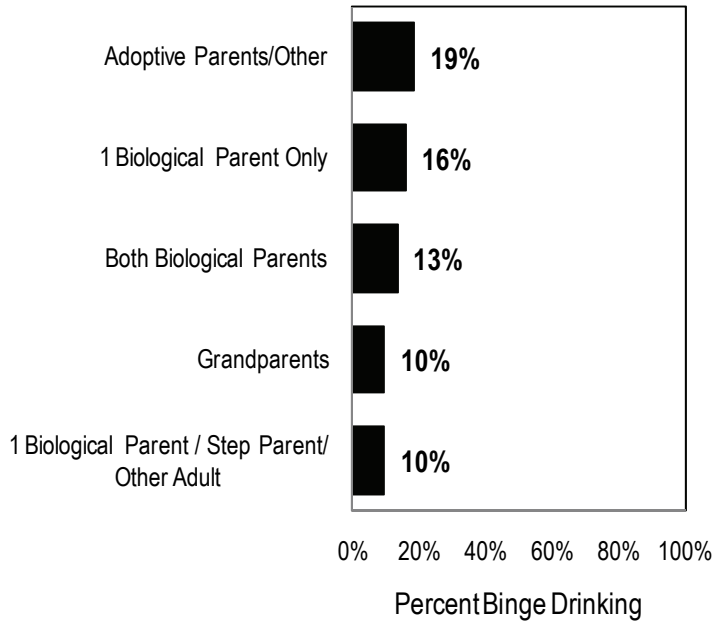
Cigarette Smoking by Family Type



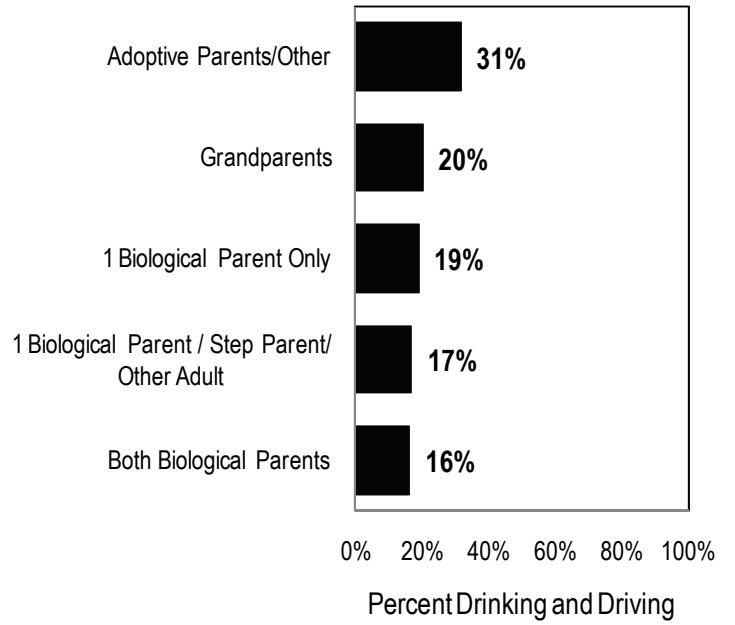
Alcohol Use by Family Type



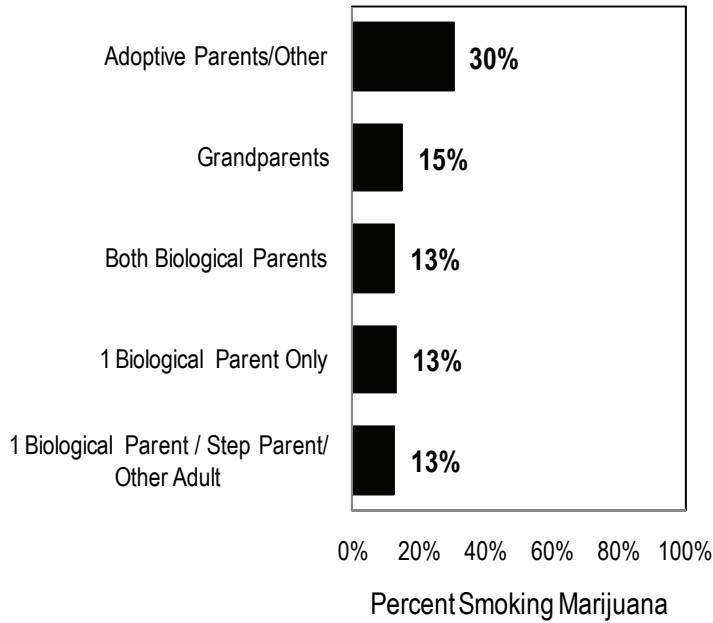
Binge Drinking by Family Type



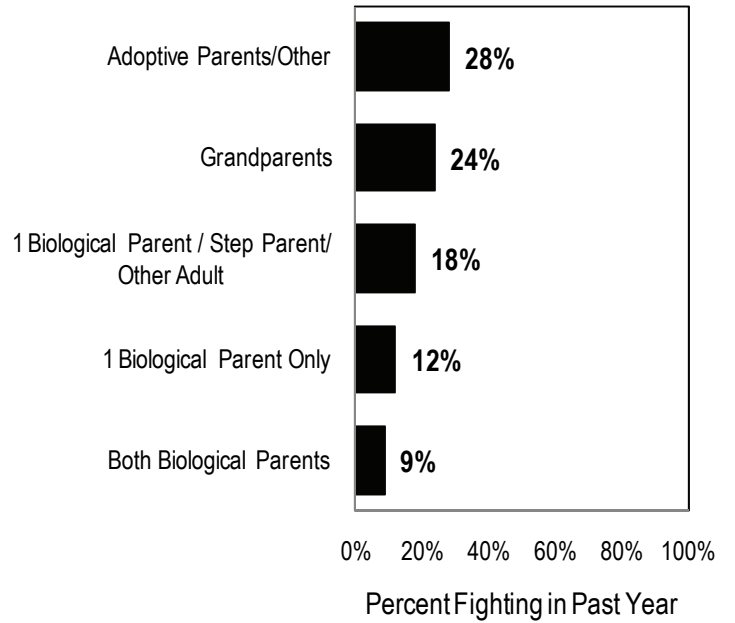
Drinking and Driving by Family Type



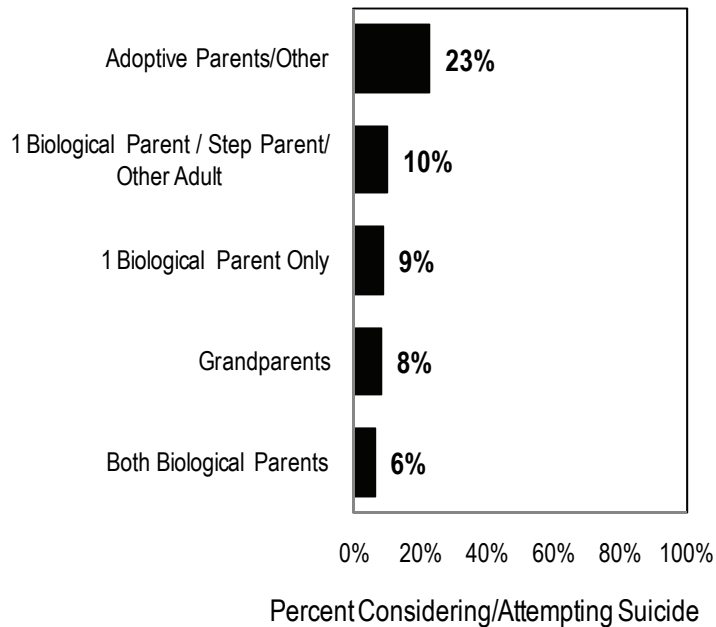
Marijuana Use by Family Type



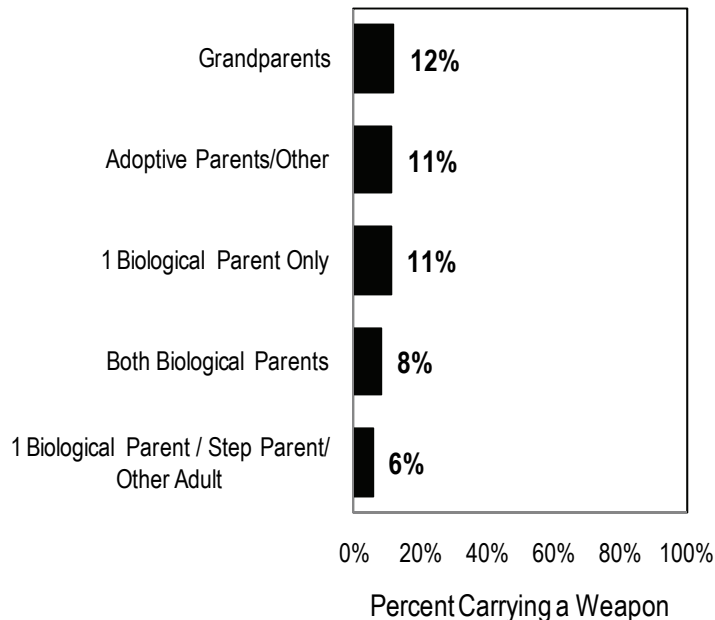
Physical Fighting by Family Type



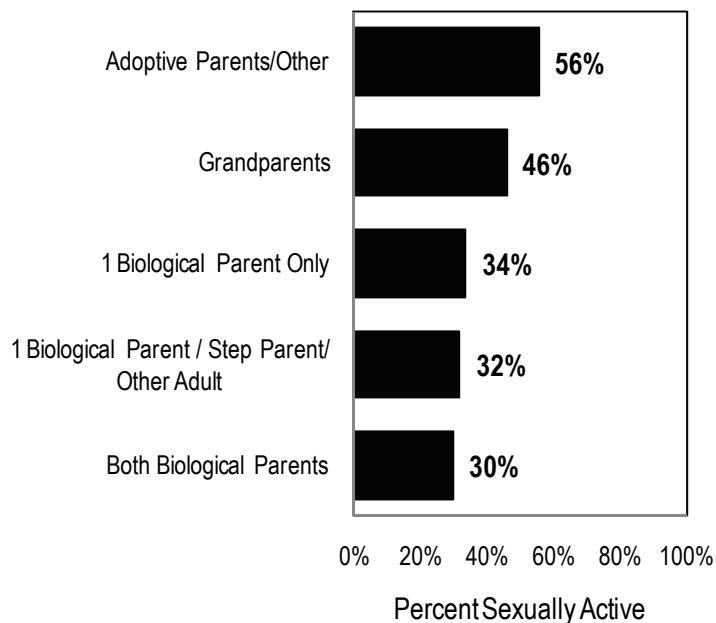
Considering/Attempted Suicide by Family Type



Carrying a Weapon to School by Family Type



Sexual Intercourse by Family Type



Want a Baby Before Graduation by Family Type

