

# Cuestionario de contraindicaciones para la vacuna inyectable contra la gripe

NOMBRE DEL PACIENTE \_\_\_\_\_

FECHA DE NACIMIENTO \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
mes día año

**Para pacientes adultos y para los padres de niños a los que se van a vacunar:** Las siguientes preguntas nos ayudarán a determinar si hay algún motivo por el cual no deberíamos aplicar hoy la vacuna inyectable contra la influenza (la gripe) a usted o a su hijo. Si contesta “sí” a alguna de las preguntas, eso no siempre quiere decir que usted (o su hijo) no se debe vacunar. Simplemente quiere decir que hay que hacerles más preguntas. Si alguna pregunta no está clara, pida a su profesional de la salud que se la explique.

	sí	no	no sabé
1. La persona que se va a vacunar, ¿está enferma hoy?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. La persona que se va a vacunar, ¿es alérgica a algún componente de la vacuna?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. La persona que se va a vacunar, ¿tuvo alguna vez una reacción seria a la vacuna contra la influenza (gripe)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. La persona que se va a vacunar, ¿tuvo alguna vez el síndrome de Guillain-Barré?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FORMULARIO LLENADO POR \_\_\_\_\_ FECHA \_\_\_\_\_

FORMULARIO REVISADO POR \_\_\_\_\_ FECHA \_\_\_\_\_

# Information for Healthcare Professionals about the Screening Checklist for Contraindications to Inactivated Injectable Influenza Vaccination (IIV or RIV)

*Are you interested in knowing why we included a certain question on the screening checklist? If so, read the information below. If you want to find out even more, consult the sources listed at the bottom of this page.*

## 1. Is the person to be vaccinated sick today?

There is no evidence that acute illness reduces vaccine efficacy or increases vaccine adverse events. People with a moderate or severe illness usually should not be vaccinated until their symptoms have improved. Minor illnesses with or without fever do not contraindicate use of influenza vaccine. Do not withhold vaccination if a person is taking antibiotics.

## 2. Does the person to be vaccinated have an allergy to a component of the vaccine?

All vaccines, including influenza vaccines, contain various components that might cause allergic and anaphylactic reactions. Not all such reactions are related to egg proteins. However, the possibility of a reaction to influenza vaccines in egg-allergic people might be of concern to both the person and vaccine providers.

An egg-free recombinant influenza vaccine (RIV) is available for people age 18 years and older. ACIP does not state a preference for the use of RIV for egg-allergic people although some providers may choose to administer RIV to their severely egg-allergic patients.

Reviews of studies of IIV and LAIV indicate that severe allergic reactions to egg-based influenza vaccines in persons with egg allergy are unlikely. ACIP recommends that persons with a history of egg allergy who have experienced only hives after exposure to egg should receive influenza vaccine. Any recommended and age-appropriate influenza vaccine (IIV, RIV, or LAIV) may be used. Providers should consider observing all patients for 15 minutes after vaccination to decrease the risk for injury should they experience syncope.

Persons who report having had reactions to egg involving symptoms other than hives, such as angioedema, respiratory distress, lightheadedness, or recurrent vomiting; or who required epinephrine or another emergency medical intervention, may also receive any recommended and age-appropriate influenza vaccine (IIV, RIV, or LAIV). The vaccine should be administered in a medical setting (e.g., a health department or physician office). Vaccine administration should be supervised by a healthcare provider who is able to recognize and manage severe allergic conditions.

Inactivated influenza vaccines provided in multi-dose vials contains thimerosal as a preservative. Most people who had sensitivity to thimerosal when it was used in contact lens solution do not have reactions to thimerosal when it is used in vaccines. Check the package insert at [www.immunize.org/packageinserts](http://www.immunize.org/packageinserts) for a list of the vaccine components (i.e., excipients and culture media) used in the production of the

vaccine, or go to [www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/excipient-table-2.pdf](http://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/excipient-table-2.pdf).

For the 2018–2019 influenza season, no vaccine or packaging contains latex.

## 3. Has the person to be vaccinated ever had a serious reaction to influenza vaccine in the past?

Patients reporting a serious reaction to a previous dose of inactivated influenza vaccine should be asked to describe their symptoms. Immediate – presumably allergic – reactions are usually a contraindication to further vaccination against influenza.

Fever, malaise, myalgia, and other systemic symptoms most often affect people who are first-time vaccinees. These mild-to-moderate local reactions are not a contraindication to future vaccination. Also, red eyes or mild upper facial swelling following vaccination with inactivated injectable influenza vaccine is most likely a coincidental event and not related to the vaccine. These people can receive injectable vaccine without further evaluation.

## 4. Has the person to be vaccinated ever had Guillain-Barré syndrome?

It is prudent to avoid vaccinating people who are not at high risk for severe influenza complications (see source 3) and who are known to have developed Guillain-Barré syndrome (GBS) within 6 weeks after receiving a previous influenza vaccination. As an alternative, clinicians might consider using influenza antiviral chemoprophylaxis for these people. Although data are limited, the established benefits of influenza vaccination for the majority of people who have a history of GBS, and who are at high risk for severe complications from influenza, justify yearly vaccination.

## SOURCES

1. CDC. *Epidemiology & Prevention of Vaccine-Preventable Diseases*, Hamborsky J, Kroger A, Wolfe S, eds. 13th ed. at [www.cdc.gov/vaccines/pubs/pinkbook/index.html](http://www.cdc.gov/vaccines/pubs/pinkbook/index.html).
2. CDC. *Best practices guidance of the Advisory Committee on Immunization Practices Committee (ACIP)* at [www.cdc.gov/vaccines/hcp/acip-recs/general-recs/index.html](http://www.cdc.gov/vaccines/hcp/acip-recs/general-recs/index.html)
3. CDC. *Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices – United States, ...* Access links to current ACIP recommendations at [www.cdc.gov/vaccines/hcp/acip-recs/vacc-specific/flu.html](http://www.cdc.gov/vaccines/hcp/acip-recs/vacc-specific/flu.html)